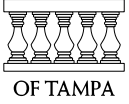


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Experience the "Thrill of the Grill" with Capture the Coast



JLT once again participated in AJLI's "Kids in the Kitchen" initiative

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Sustainer of the Year
Sarah Jane Rubio

The Mission of The Junior League of Tampa

Founded in 1926, The Junior League of Tampa, Inc. is an organization of over 1600 women committed to promoting voluntarism, developing the potential of women, and improving communities through effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Letter from the Editor



Growing up in a modern-day *Leave it to Beaver*-style family, it is difficult to conceptualize the fact that there are over a half million young Americans nationwide, and 2,800 in Hillsborough County, who were in such significant danger in their own homes that they needed to be taken away from their parents.

The Junior League of Tampa has developed, funded and staffed projects to directly impact – or provide a safety net – for children at all different stages of the foster care system. In this issue you will read about them. Love Bundles provides children in foster care and protective custody with special backpacks containing essential developmental items and immediate needs in the moments following separation with their family members. The Kids Connect project gathers children and prospective parents for an exciting day of games, music and prizes. Kids Connect has helped place 121 children with “forever families” since it began in 1996. Through the Connected by 25 program, the League sponsors sibling events, provides move-in kits and coordinates a youth summit preparing foster children 13-17 years old for adulthood. You will also read about the League’s community assistance programs – Community Action Projects, Enabling Fund Grants and Treasures for Tampa which provide community service or assistance for a short term need.

On a side note – I wanted to mention that with the League’s influence on the Tampa Bay area though our impactful community projects it is easy to overlook the successes we have with the other aspects of our Mission. Recently, I needed to staff a high-profile charity event with approximately 20 volunteers to run a silent auction and interact with our 1800 guests. As any League woman would do, I first reached out to other League women to fill the volunteer slots. I was so impressed by these women’s eagerness to help. On the evening of the event these remarkable women were the most effective and responsible volunteers in attendance and it became clear to me the true value the League’s impact cannot simply be measured by time spent or money raised – the value of a Junior League volunteer goes beyond that as these women accomplish more in the time they give and with the money they raise making the League’s influence on the community that much more substantial.

It was such an honor and a pleasure to be your *Sandspur* editor for the 2009-2010 year. As I hand over my red pen to Sarah Kodedek who will take the reigns next year, I want to thank my committee for their hard work that made getting each issue to your mailbox possible especially Sarah my assistant chair, features editor Ashley Macaluso, photo editor Ashley Newman and advertising manager Lindsey Hale. I would also like to thank Denise Glass and Brianne Swezey at Sensory 5 for their creative insight and ability to keep us on schedule, to our wonderful advertisers without whom there would be no magazine, and to our fearless leader Jen Carlstedt who allowed us to follow our vision to publish the best magazine we were capable of producing.

Thank you for this incredible opportunity. Have a relaxing and enjoyable summer!

Sincerely,

Tracie Domino

Tracie Domino,
Editor, 2009 - 2010

The Junior League of Tampa THE SANDSPUR 2010–2011

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President's Perspective

Impacting Children Across the Foster Care Continuum



Imagine you are a child who is awakened in the middle of the night (again) by the sound of your parents arguing. You cover your head with a pillow to silence the words, but it doesn't help. You hear the sound of objects crashing to the floor and glass breaking. Then in the distance, you hear sirens, and think to yourself, "Oh good, the police will stop the fight and everything will be ok." Your bedroom door opens, you think it is your mom, but instead it is Sheriff's deputy telling you that your mother has been sent

to the hospital and your father is in trouble for hurting her. The deputy tells you she is taking you to a safe place until you can come back home. You have to go now.

Sadly, this story is a reality for many children throughout our community. To no fault of their own, they are uprooted from their troubled homes to safer yet stranger places. Some are able to return to their immediate or extended families, others are placed in foster care. Through partnerships with various agencies, The Junior League of Tampa, is committed to making a difference in the lives of these children from the moment they leave their homes to the time they turn 25.

Since 2004, The Junior League of Tampa has partnered with the Sheriff's office to provide Love Bundles to children taken into protective custody. A Love Bundle is an age-appropriate backpack filled with essential developmental items and basic necessities. For a baby, it may be a change of clothes, a blanket, diapers, formula and a small stuffed toy. For a teenager, it may be a change of clothes, a book, a toothbrush, soap and other toiletry items. These items seem so simple to you and me, yet make such a difference in the lives of the children receiving them. It could be all they have to provide comfort and assistance in a strange situation.

No child chooses to go into foster care. For some, it is a temporary situation while their parents work out their problems. For others if their parents have passed away or parental rights have been terminated, foster care becomes a way of life. While Tampa is fortunate to have many families in our community willing to serve as foster parents, this is still a temporary situation for the children. Many foster children are searching for their forever families and a permanent place to call home. The Junior League of Tampa's Kids Connect project has been helping to bring families together for over 14 years. Through a partnership with Hillsborough Kids Inc., the Kids Connect committee members plan, organize and provide a fun and structured event for children to meet prospective parents. To date, over 121 children have been matched with their forever families as a result of our Kids Connect events.

One of the most sobering facts about foster care is that at age 18, foster children are no longer financially supported by the state. Regardless of whether a teen is still attending high school, the foster family will not receive benefits nor are they required

to continue providing care. To assist children aging out of foster care, The Junior League of Tampa has partnered with Connected by 25, an organization which serves young adults up to age 25. This year, in addition to providing move in kits of essential items to children aging out of foster care, the committee has hosted several life-skills seminars. The seminars included food shopping on a budget, healthy meal planning, and a cooking lesson; a mommy and me event on infant safety, health and nutrition; and dressing for success on a budget and preparing for an interview. The committee also held a sibling event allowing those who have aged out of foster care an opportunity to reconnect with siblings still in the system. The sibling event has been such a success, that the state of Florida recently adopted our model to be used across the state.

Finally, over the past year, you have had the opportunity to read about our League and our three project focus areas: literacy, education and cultural enrichment, providing basic needs to disadvantaged children and foster care. I would like to thank Tracie Domino and her Sandspur staff for producing such an impressive publication. I would also like to not only thank all of our volunteers, but their families who supported their efforts to better our community. This is especially true of the loved ones of our Board of Directors and Executive Committee who work so hard daily to help our organization thrive, thank you for supporting their commitment. And, to my husband Ed and my sons Wilson and Nicholas I am grateful for all you did to afford me this experience— it has been an amazing year!



All the best,

A handwritten signature in black ink that reads "Jen Carlstedt".

Jen Carlstedt

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Sustainers celebrating a successful year at Annual Dinner (Pat Daley, Elaine Bogue, Adele Clarke, Betty Wood, Phyllis Russell)



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Commemorative Gifts

This edition of the Sandspur includes a cumulative listing of commemorative gifts received from May 1, 2009 through April 12, 2010.

{ IN HONOR OF THE BIRTH OF

Hayden Atzenhoefer, son of Chris and Kelly Atzenhoefer

Lisa Lockhart

Bennett Hilliard Barrow, Jr., son of Bennett and Heather Barrow

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Past President Susan O'Neal Thompson, CPA for being named partner in the

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JLT Focus Area: Mommy & Me

By Wendy Brill
Community Vice President



In March of 2010 the Connected by 25 committee hosted its first “Mommy and Me” event at the Family Justice Center in Tampa. Over 40 pregnant teens or new mothers attended the evening event which offered expert advice and resources to help ease the stress of being a new young mother. This was a unique event for the volunteers of the League because it brought them face to face with an issue that many do not often see, teen pregnancy.

While teen pregnancy is a big issue in the United States the girls that are served by Connected by 25 face issues that many other teens in the same situation may not experience. That is not having a family around to support them in their pregnancy and beyond.



For those of us who are mothers, aunts and sisters, there is a special joy to watching a baby from birth to adulthood. Many of us can remember what it was like to be pregnant with a first child. Excited to have a child many of us were also nervous about eating right, or that we would not know how to take care of him or that we would make horrible mistakes along the road. Fortunately, most of us had the love of a husband, a wonderful doctor and the guidance of our mothers.

Many of the young girls who we come in contact with through Connected by 25 do not have the experience of a mother or female role model to help them understand even the basics of giving birth and taking care of a baby. Because they are in the foster care system they do not have a stable home life to help them through a very adult experience at a very young age.

Imagine, not having someone there to show you how to change a diaper, bathe an infant, feed a baby or show you the best way to burp a baby. Many of these young women have never been

taught to never shake a baby, or to really consider who to leave your baby in the care of. Those things that many of us take for granted or have learned along the way, were never taught to so many young women who are or expecting to be mothers.



The event in March provided some guidance to the mothers-to-be. They learned things that will enrich their lives and the lives of their baby. Hopefully they received more than just a gift from The Junior League of Tampa. Hopefully, they received a life lesson from those who came to talk to them.

In May, Sweetbay Supermarkets partnered with The Junior League of Tampa to help many of the moms-to-be. Selected items purchased by shoppers between May 2-16th from Sweetbay were donated to Alpha House of Tampa Bay. This was a wonderful opportunity to extend the Mommy and Me event to not only the mothers who attended but also to other mothers who are in need in our community.

The birth of a new baby should be a joyous time. For some, it is easier experience than for others. The League has forged new ground by helping young mothers make their experience a little easier in some small way. It is just another example of helping those in the foster care system just at a different age and stage in life.

Foster Care is not just one of The Junior League of Tampa's focus areas. It is an area our members are very passionate about. It is an area that everyone can feel in their hearts. It is where we know we need to help. This year has been a remarkable year for making new strides and for continuing the success of our projects.

The Legacy has more than lived on this year, thanks to the remarkable women who served on all of our projects it flourished and set new goals.

On a personal note, I am so honored to have served with all of the project chairs and their committees. I have never been so impressed with such a wonderful group of people. You have enriched my life and made this year one of the most remarkable years of my life.

Thank you!



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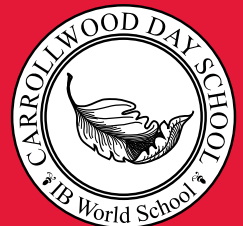
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Bundling Care and Compassion

By Susanna Martinez Tarokh

It is almost impossible to imagine what goes through the mind of a child who has been neglected or abused by people who are supposed to protect them. Feeling scared, confused and often times with nowhere to turn, almost 2,000 children annually in Hillsborough County are touched by the kindness and generosity of The Junior League of Tampa through the Love Bundles project.

In their darkest hours, children receive a backpack with age and gender-appropriate clothing, undergarments, and essential items to meet the children's immediate needs after the traumatic experience of being removed from their homes. Thanks to the generosity of Tampa's Rough Riders organization and League member owned boutique Little Peeps Children's Shop, children also receive a stuffed animal to cling to.

"These Love Bundles are the initial touch point in the Junior League's comprehensive plan to address foster care needs in our community," said India Witte, Project Chair for Love Bundles. "We also provide coats, school uniforms, and shoes when needed, and we stock their food pantry monthly with shelf-stable groceries."

Witte and 23 other Junior League members work closely with the Hillsborough County Sheriff's Department Child Protection Investigation Division and members of the Tampa General Hospital and the University of South Florida Child Protection Team to ensure every child receives the most age appropriate items for their situation.

Agency representatives work with League members to determine what the children in foster care and protective custody need in specific situations, then League members purchase the items, prepare the backpacks with love and care, and then distribute the backpacks where they are most needed.

Consider this staggering statistic - each year, almost every child removed from his or her home receives one of the Junior League's Love Bundles. In 2008-2009, more than 1,900 children received a backpack.

"This 13 year partnership has been a significant one for the Hillsborough County Sheriff's Department and a transformational one for over 20,000 children in our community," said Major Robert Bullara in the Child Protective Investigations Division.

"Junior League committee members are proactive and responsive, working hand in hand with our intake coordinators to make sure that we are able to focus on our most important priority - restoring a sense of normalcy and dignity to a child whose world is, at best, chaotic."

Says Witte, "This project is unique in that it is one of our longest-standing projects, it was a part of the Kids Connect project until 2004 when it became its own project and has exposed us to the true needs related to foster care in our community. It is truly tragic that such a staggering need exists, yet truly an honor to serve

as a solutions-oriented partner to help meet this challenge."

Currently The Junior League of Tampa is the only organization providing this service for the Hillsborough County Sheriff's Department, assisting law enforcement in ways that no other non-profit can. The League brings both dollars to fund the program, and the volunteers to provide staffing support.

Major Bullara added, "The Junior League of Tampa provides irreplaceable work and is one of our most long-standing and important community partners - we could not do our work without them."



Ingalls Witte, daughter of Love Bundles project Chair India Witte, unloads back packs for special delivery.



What's in a Love Bundle?

Baby

- Onesie/romper
- Bottle
- Formula
- Baby food
- Toy
- Diapers
- Wipes
- Baby shampoo
- Baby wash
- Baby powder
- Baby lotion
- Baby brush
- Lovey

Child

- Pajamas
- Underwear
- One seasonally-appropriate outfit
- Socks
- Shampoo
- Conditioner
- Soap/body wash
- Comb/brush
- Stuffed animal
- Coloring supplies/book/game
- Snacks

Pre-Teen/Teen

- Pajamas
- Underwear
- One seasonally-appropriate outfit
- Socks
- Shampoo
- Conditioner
- Soap/body wash
- Deodorant
- Comb/brush
- Book/game
- Snacks



Love Bundles Committee:

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Assistant Chair – Andrea Augustine

Committee Members:

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Roddy Belfatti
Sonya Beyer
Emma Boulware
Shannon Coram
Lisa Dreisbach
Tara Eckhoff
Ali Garrity

Aileen Hanlon
Charlee Haynes
Julie Knost
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Lindstrom Family - Taylor (step son, oldest of children), Trake (11 yr old), Doug (husband), Tyler (9 yr old), Janna (mom), Ollie (baby)

Kids Connect

By Brandi Reeves

"I wanted children and this is the way God allowed us to have them!"
 Words joyfully spoken by Janna, a mother of three adopted children, two of whom she connected with through The Junior League of Tampa's Kids Connect event last April.

Janna was vaguely familiar with the match event hosted twice a year by The Junior League of Tampa and our community partner, Camelot Community Care in partnership with Hillsborough Kids, Inc. and she knew where Gameworks in Ybor City was. However, what she didn't know is that she and her husband, Doug, who has one adult son from a previous marriage, would be so touched by two boys, 8-year-old Tyler and 10-year-old Trake, that her husband would eagerly give up their family room to move the home office out of what would become a room for these two outstanding young boys.

Janna recalls the conversation she and Doug had with Tyler and Trake that kicked off their connection. They went to talk to the boys while they were playing games and Janna was telling them how her husband, who knew her fear of snakes, had put something on the sidewalk to scare her. As she tells the story laughing, she says she called her husband and made him come outside to remove 'whatever' it was in her way. Janna says the boys just laughed and thought they sounded like a

lot of fun. This enjoyment was mutual and when Janna and Doug started to realize they wanted Tyler and Trake in their forever family.

"The little ones [kids] aren't as tough to watch as the big ones. The big ones really know what's going on."



A group of prospective parents and foster children interact during structured icebreaker activities

So that day leaving Gameworks, they knew the afternoon was more than games and laughter—it was life changing. Janna and her husband initiated the process with Hillsborough Kids to make their interest and intentions of adopting Tyler and Trake known. Over the next few months, Janna and Doug visited the boys, eventually progressed to overnight visits and ultimately weekend stays. Janna says, “You have a huge potential to walk away with something special, but you also have the potential to have your heart broken.” However, they were attached to these boys and dedicated to the process. “It’s about wanting to help children and since we were so blessed—we wanted to give back.”

And although giving back was certainly their initial intention, they have gained even more in return. Janna raves about her boys, including the newborn, Ollie, she received just a week after meeting Tyler and Trake, and is proud to officially have them all in their family as of March this year. And what would be more appropriate for the celebration of this family’s official union than a trip back to Gameworks where it all started. The family, along with Janna’s mom, best friend and several others, packed the courtroom for the official news, headed back to Gameworks, and ended the evening with a dinner at Spaghetti Warehouse. Janna and Doug describe it as perfect and were thrilled to share it with so many loved ones who support their growing family. “I’ve always admired people who adopt children” and would say to those out there “you just don’t know until you try.”

The Kids Connect program was started in 1996 by The Junior League of Tampa and is supported by Camelot Community Care in partnership with Hillsborough Kids. To date, over 121 matches have been made through the bi-annual match events. Whether you’re a prospective foster parent, forever family, volunteer, committee member, or passerby during one of these events, the excitement, fun, and emotion are powerful and leave a lasting impact.



Shelley Scheibner, 2009-2010 Kids' Connect Committee Member, facilitates an icebreaker game to encourage interaction between prospective families and foster children at the 2009 Fall Adoption Event at Gameworks

Kids Connect Committee:

Chair – Jessica Kendall

Committee Members:

Sarah Evans
 Caro Massari
 Jessica Alley
 Carol Bennett
 Mary Braddock
 Allison Campbell
 Heather Elwell
 Laura Everitt
 Jennifer Granger
 Nicole Hasselbach
 Laurie Henry
 Jessica Kinnee
 Heather Mackin
 Maria Martinez-Kim
 Merritt Mosley
 Shelley Scheibner
 Dorimar Siverio-Minardi
 Heather Trkovsky
 Virginia Vickers
 Laura Webb

Past Chairs:

Sarane Harrell
 Suzanne Koutroubis
 Christy Atlas
 Mary Ann Dellegatto
 Robin Lawson
 Kristin Allman
 Debbie Kavouklis
 Karen Wilson
 Denise Cassedy
 Pam Divers
 Amy Tamargo
 Alicia Kriz



Jessica L. Kendall, 2009-2010 Kids Connect Chair, with Javon, a child who attended the 2009 Fall Adoption Event at Gameworks



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Connected By 25: JLT serving foster youth of today and the leaders of tomorrow

By Jaime R. Girgenti

Nearly 10,000 children enter Florida's foster care system each year. Once these children reach adulthood, or "age out" of the system, self-sufficiency can be a challenge. The Junior League of Tampa is continuing its tradition and commitment to the youth of Tampa Bay by partnering with the organization Connected by 25 (Cby25) to ensure that vulnerable youth are "connected by the age of 25" to institutions and support systems that will aid in their success throughout adulthood.

Cby25 is a Tampa organization whose strategies and principles were implemented by national and local foundations that are members of the Youth Transition Funders Group and the Foster Care Work Group (FCWG). The Youth Transition Funders Group is a network of grantmakers whose mission is to help all youth make a successful transition to adulthood by age 25.

In March 2004, FCWG created Connected by 25: A Plan for Investing in Successful Futures for Foster Youth. Connected by 25 made the case for and outlined a bold agenda for foundation and government investment in helping foster youth become successful adults. FCWG members chose to focus specifically on preparation for economic success, recognizing that youth aging out of foster care are faced with the economic realities of self-support at a much younger age than other young adults and that economic success is associated with a number of positive life outcomes.

Connected by 25 outlined five strategies to connect foster youth to resources that would prepare them for economic success:

- Advocating and supporting educational achievement
- Facilitating and creating access to the workforce
- Offering development opportunities
- Providing financial literacy education
- Encouraging savings and asset accumulation
- Creating entrepreneurship opportunities

The partnership between The Junior League of Tampa and Cby25 of Tampa is only three years old, but in just three short years, The Junior League of Tampa has made great strides in ensuring Cby25 achieves its stated goals.

The Junior League's Cby25 committee, consisting of 24 league members and chaired by Adonia de la Torre, has worked throughout the year to host four educational workshops for the

youth targeted by Cby25. The topics of the workshops have ranged from nutrition, and how to prepare nutritious balanced meals, to parenting skills, and how to properly care for an infant and toddler.

"The placement has transitioned this year as we tried to provide the foster youth with the assistance that they specifically requested," said Adonia. "We continued to provide the very necessary and highly anticipated Move-In Kits to the youth who are aging out of the system and transitioning into their first home.

We hosted educational seminars on Nutrition and also rolled out a "Mommy & Me" seminar for young mothers who are still in foster care or have recently aged out. In the past, we hosted two sibling events; this year we hosted one and then in its place hosted a fashion workshop and show."



Mother & Daughter at "Mommy & Me" event on Monday, March 15, 2010



CPR lessons for new Moms

These changes were based on the feedback provided by Cby25. One of the great things about The Junior League of Tampa is our ability to adapt to the ever-changing needs of our community partners.

On April 28, 2010, the final educational summit of the year was held. The workshop titled "Cheap to Chic" was all about wardrobe. The Cby25 committee coordinated a line-up of speakers that educated the youth on proper social attire for work, school and church. A stylist from Dillard's at Brandon Town Center participated in the event, providing a variety of clothing items to the youth to model during the planned fashion show. The Dillard's stylist also instructed the female youth on proper bra fitting.

The Cby25 committee has also enjoyed planning recreational events for siblings in foster care that do not reside in the same household. In addition to sibling events, the committee also supplies 100 Move-in Kits per year to young adults moving in to their first apartment. The Move-in Kits are valued at \$90 and consists of a variety of essential household items.

To learn more about how you can help Connected by 25 of Tampa, please visit them on the Web at www.cby25.org.



Modeling a new outfit at the "Cheap to Chic" Fashion Workshop



Selecting a new tie at the "Cheap to Chic" Fashion Workshop



Fittings at Dillard's for the "Cheap to Chic" Fashion Workshop



Connected by 25 Committee at the Fall Sibling Event

Connected by 25 Committee:

Chair – Aadonia delaTorre

Committee Members:

Michele Mangan
Lauren Warren
Heather Werry
Melanie Bonanno
Elizabeth Burkett
Lisa Cool
Carla Cornett
Shannon Dann
Christina Eikman
Jennifer Esposito
Haven Gaylord
Suzanne Koutroubis
Erin Krukar
Christine Malpartida
Haley Miller
Courtney Nalls
Angela Norbom
Janice Rickert
Meghan Ross
Julie Tierney

Past Chairs:

Cindy McGinness
Stephanie Wiendl

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Kids in the Kitchen: A Recipe for Success

By Kimberly Barrs



Nine years ago George Stella, a successful and celebrated chef, was battling for his life. He weighed 467 pounds and was confined to a wheelchair because he was unable to walk. Additionally, he was suffering from heart problems. He had spent his life cooking for others, but he failed to ever cook for himself or his family. George, his wife and two sons were all morbidly obese. Finally, George had enough. By getting in his own kitchen and cooking fresh and healthy meals George turned his life around by losing 200 pounds in 18 months. Collectively his family lost nearly half a ton of weight! Today, George travels the country as the spokesperson for the Association of Junior Leagues International Kids in the Kitchen initiative. His message is that by eating healthy and changing our lifestyles we can say goodbye to the rising health issues our country's youth are facing.

The Junior League has a long history of not only helping children but also by taking on nutritional-based initiatives. As early as 1910, The Junior League was helping feed hungry children in Europe. In 1984, The Junior League of Oklahoma City participated in the Harvest II food drive, which collected 275,000 pounds of food. This was the nation's most successful food drive at that time. Today, nearly 250 Junior Leagues across this country and in Canada and Mexico, participate in Kids in the Kitchen. Each league implements a local project to teach children about healthy lifestyle choices. Because of the League's national reach, this program has the power to change the future of our youth. In order to truly be successful, this program needs to work on a national level, because the goal is to change the culture of food to an entire generation. The 250 Junior Leagues that participate touch hundreds of thousands of families across the country and are planting seeds that will bare fruit for our children's future.

There is no shortage of opinions when it comes to health care in this country. America loves a good debate, but one issue that most everyone can agree on is the problem of obesity in our youth.

According to a recent Gallup Poll, 77% of Americans agree that **childhood obesity** is a major health problem

Indeed it is a major problem and the recent statistics are alarming. Nearly one-third of U.S. children ages 4 to 19 eat fast food every day, resulting in approximately six extra pounds per year, per child. Fast food consumption has increased five-fold among children since 1970. Experts agree that inactivity also contributes to obesity. While national guidelines recommend 150 minutes of physical activity each week for elementary children and 225 minutes for adolescents, more and more technology is presenting itself to children in the form of computer and video games resulting in physical inactivity. Of course then it does not come as a shock to learn that nearly one in four children are obese.

America is listening to the statistics and can see the culture of children's lifestyles changing before their eyes. Even Michelle Obama has taken notice and planted the now famous White House vegetable garden. Not only did she plant a vegetable garden, but also has invited children to visit her home to learn how to grow food and educate children on the importance of nutrition. This and other plans have brought the topic of health and nutrition into the homes of all Americans.



Thankfully, The Junior League of Tampa is participating in this grassroots movement to help educate children about healthy eating, how to exercise, and make healthy lifestyle choices. This past March, Kids in the Kitchen held a “healthy event” at Westshore and Chiramonte Elementaries. In each school, fourth and fifth graders were able to participate in a number of different programs for the day. The Junior League of Tampa along with the YMCA, Florida Dairy Farmers, and SweetBay had stations set up around the school and each had a healthy theme. The YMCA sent trainers to not just educate and show kids how to exercise, but teach them fun ways to incorporate exercise into their daily lives. Yoga, kickboxing, obstacle courses and jump roping were represented, so there was a little something for everyone. Kids learned how to make their own turkey wraps and had a blast when they actually got to enjoy the fruits of their labor by eating the yummy treat. Kids were placed in groups and were taught a mini lesson on cooking and why it is so important to live a healthy lifestyle. Children were able to ask questions and even tell a personal story. At this event, the kids did not leave with an empty belly or empty-handed. They each received a pedometer, a 3-day pass to the YMCA, recipes and lots of new knowledge. Kathleen Purdy, chair of Kids in the Kitchen said, “The kids had a great time and learned real world application for making healthy choices. They learned how to eat properly and how to incorporate all the food groups.”

While the statistics of childhood obesity are startling, they are showing that the rate of increasing incidence is leveling off. Through the help of JLT and other organizations we can continue this trend. Thank you to all who joined and supported this year's Kids in the Kitchen program. You are helping to contribute to a shift in the way children look at food and helping effect the choices they make today and throughout their lives. The children of this country are our future and we all want be a part of generating momentum in this movement toward a happy healthy America.



Kickboxing class



Students participating in a cooking lesson



Kids in the Kitchen Committee:

Chair – Kathleen Purdy

Committee Members:

- Lauren Bacalis
- Katie Cappy
- Elizabeth Heilig
- Rebekah Hunter
- Crystal Madani
- Sarah Weaver

Past Chairs:

- Terrie Dodson
- Tracy Clouser

Community Assistance Programs

By Stephanie Schwindt

The Junior League of Tampa has three programs that provide assistance to the greater Tampa Bay Community. Treasures for Tampa, Enabling Fund and Community Action all work to provide assistance to non-profit organizations in need of help.

Treasures for Tampa is a transformation of the former Thrift Sale into a community service project, our volunteers collect, sort, and distribute members' gently used merchandise donations to organizations with specific needs. Agencies can fill out an application online and must be a non-profit 503(c)3 status. This year collections are being held for DACCO, Tools4Schools, Open Arms homeless ministry, Hyde Park Methodist Church, Connected by 25, Afghan school children, and Fairy Dust Project.

Treasures for Tampa Committee:

Chair – Shannon Longo

Committee Members:

Monica Culpepper, Porter Cusmano, Meagan Kempton, Kelly Prieto

Past Chairs:

Elaine Sweeney, Stacy Hahn, Julie Byrd, Anne Arther, Angela Weck

The Junior League of Tampa Enabling Fund provides an opportunity to support a wide variety of community programs within our researched areas position statements from which we develop all League projects, and these programs may extend beyond the three primary JLT focus areas: Improving the lives of children in foster care; Providing educational programs that promote literacy and cultural enrichment; and Increase access to basic need services for disadvantaged children. In the case of the Enabling Fund, applicants can apply for up to a \$2,500 grant for programs where volunteers may not be needed. The Enabling Fund give us greater reach into serving the community and helps us identify potential new partners for other opportunities within our League. Additionally, members of the Enabling Fund get exposure to a wide variety of community organizations that often don't get as much attention as some of the larger non-profits in our community.

Enabling Fund Committee:

Chair – Stacy Carlson

Committee Members:

Laura Donaldson, Valarie Lewis, Susan Lopez, Christina Volini, Whitney Woods

Past Chairs:

Susan Hawkins, Terrie Dodson, Lisa Lockhart, Laura Stevenson, Michelle Schonfner, Danelle Barksdale, Clara Gough, Beth Schatzberg, Paula Perry, Becky Brandes, Lindsey Robbins, Nancy Mynard, Sherilyn Graves, Betsy Chambers, Leslie Angell, Eryn Ratchford, Trisha Muniz, Becky Charles, Susan Kynes, Julie Corcoran, Robin Gonzalez, Robin DeLaVergne

Through Community Action, The Junior League of Tampa partners with 10 different community agencies to provide hands-on volunteer service for one-day projects or events. These projects are focused on manpower from committee members. The financial commitment from The Junior League of Tampa for these projects is limited up to \$750 to purchase supplies needed to support the project/event. In order to qualify for a Community Action project, local agencies submit written applications between May and August. Eligibility is based on non-profit 501(c)3 status and the existence of the organization in the Tampa community for at least two years. Some of the projects this year include: Moffitt Cancer Center, Healthy Start Coalition, Big Brothers, Big Sisters, Open Arms, Hyde Park UMC, Pediatric Cancer Foundation, The Center for Women ElderLink Project, OASIS, Academy Prep, Hillsborough Education Foundation and the Meals on Wheels Hurricane Delivery.

Community Action Committee

Chair – Andrea Layne

Committee Members:

Chloe Cullinan, Ellen James, Julie Lyman, Kelly O'Brien, Elizabeth Andrews, Caroline Briggs, Wendy Caskey, Carlo Clarke, Sandy Fowler, Irene Frick, Trixy Gillespie, Ashli Givens, Catherine Hammer, Susan Langford, Melissa Lopez, Erin Lowe, Alison Meyer, Jennifer Pauly, Katherine Perkey, Anita Popp, Jacqueline Simms-Petredis, Sarah Terrell, G.G. Van Aelst, Dana Ward, Laura Ward, Tracy Wilkerson, Christina Yeager, Melissa Young, Leigh Zatko

Past Chairs:

Kimberly Carswell, Lynette Russell, Cristina Godwin, Christy Atlas, Lee Ellen Banks, Lou Yates, Katherine Frazier, Laura Gauthier, Debbie Kavouklis, Lisa Gabler, Stacy Curtis, Pam Calgary, Tweed Eckhard, Linda Pearce, Suzanne Ennis, Barbara Ryals, Margaret Winge, Beth Davis, Lynn Fluharty, Katie Gibbons, Ruth Giordano, Karen Mercer, Jenifer Ownby, Joanne Rock, Gwyn Schabacker, Theresa Millsap, Abby Chillon, Martha Azzarelli, Jan Gruetzmacher, Nancy Bayless, Ardath Krist, Julie Pizzo



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Loading up cars at the Hurricane Kit Delivery for Meals on Wheels



Painting faces at Big Brother Big Sisters Holiday Party



Assembling newborn packets for the Healthy Start Coalition



*Finding dresses at the Pediatric Cancer Foundation
"Day of Pampering" at Saks Fifth Avenue*

Sustainer News



A Year in Retrospect!

Here we are and a year has gone by very fast! We have been everywhere, done everything and we are so much more agile than before.

I want to thank everyone who has worked hard on the many great projects that have been planned and pulled off this season. Starting with Cindy Morrison and Tina O'Connell who have been my help in time of need. We learned together the ins and outs of our jobs and got it down pat. Cindy took a leave during the year and had a beautiful baby boy. Tina then became my right hand, without her help I'm not sure if one thing would have gotten done. She was the one who designed most of the evites and invitations and proofread everything that went out. Most of all she reminded me of when things were due and many other large and small jobs that had to be done to have such a smooth year. A two-woman job became a full time job for Tina. THANK YOU TINA!

The Task Force with Elaine Sweeney, Betsy Graham and their committee started the year out with a survey of what Sustainers wanted to see happen this year and we added something for everyone, giving a lot of new and interesting options to all the Sustainers.

Over the year each event chair has been thanked in the different publications but as our Year in Retrospect I thought you might want to look back at all the people who made it possible. Thank you again from all of us who have had a fabulous year!

2009-2010 SUSTAINER OFFICERS

Sustainer President – Rosann Creed

Vice President/President Elect – Liz Reynolds

Recording Secretary – Wendy Garraty

Corresponding Secretary – Sue Cox

2009-2010 COMMITTEE CHAIRS

Sustainer Task Force Chair – Elaine Sweeney

Hot Flash Editor – Elaine Sweeney, Betsy Graham

Sustainer Task Force Secretary – Tina O'Connell

Sustainer Liaison – Cindy H. Morrison & Tina O'Connell

Program Chairman – Beth Fontes

Fall Meeting and Luncheon – Julie Sargent and Beth Ransom

Fall Cocktail Party – Nadyne Hines and Wendy Garraty

Sustainer Sponsored Food Drive – Britt Cisneros

Spring Cocktail Buffet – Zena Hoskins and Melinda Moshell

Food 4 Kids & The Clothes Closet Volunteer Group – Liz Reynolds

Sustainer Leadership Development Seminar – Beth Fontes, Lisa Devitto

Day at the Races – Denise Cassedy

Bridge Group & Lessons – Joanne Baldy, Ruth Tapley and Helen Straske

Sustainer Sponsored, League Wide Food Drive – Britt Cisneros

Gal's Night Out and Gal's Luncheon For Guardian Ad Litem With a tour of Mary Lee's House – Provisional Project for Sustainer Education

Lunch Bunch – Scottie Klein

Taste and Toast – Lisa Andrews

Transfers Luncheon – Lesley Dobbins

Antiques and Art Trips and Seminars – Marsha Lane

Trip to Tennessee – Carol Fields and Kay Culbreath Heller

Spring Meeting and Luncheon – Jane Carswell

Investments – Connie Detrick

New Sustainers and Transfer Luncheon – Leslie Dobbins

Tour of Florida Southern – Patti Cowart, Sue Cox and Marsha Lane

We've had a great time at some functions you might not have heard about yet.

Liz Reynolds organized a volunteer opportunity for Sustainers at The Clothes Closet at Hyde Park United Methodist Church that was a great success. We had a wonderful Sustainer turnout. Thank you to Liz! Also there to help were Hope Donnelly, Andrea Layne and her daughter Reese, Zena Hoskins and her daughter Miller, Wendy Brill, Suzy Anderson, Kim Lauri and her mother and father.



Denise Cassedy and Elaine Sweeney at Sustainer Day at the Races March 2010

The Arts and Antiques Group focused on art with a trip to John Costin's Studio in Ybor City. John showed us how he made the plates for his very sought after pieces. The etching on copper process was tedious and time consuming. It was an education for all of us. What beautiful work! Thank you chair Marsha Lane.

Scottie Klein had another successful Lunch Bunch at the Tampa Yacht Club. We all had a super fun time as always. You always leave the lunch with a smile on your face because the conversation and age groups are wide spread. Scottie hopes to have her last Lunch Bunch in June when she will turn over the Chairmanship to Elaine Sweeney and Wendy Garraty for next year. Thank you Scottie for being such a fabulous Lunch Bunch Chair for these many years.

The Spring Cocktail Buffet was at the home of Greg and Alysia Ekizian and co-chaired by Melinda Moshell and Zena Hoskins. It was so wonderful for Greg and Alysia to host us at there beautiful home. What a great view topping off a perfect place to have an elegant and fun cocktail event! The food was delicious and there were about 120 guests. Thank you again to the Ekizian's.

Meanwhile the Bridge Group was not idle. They were having their yearly party Luck of the Irish that I hear was great fun with a lot of card playing and snacking on great food. And Joanne Baldy with the help of Ruth Tapley and Helen Straske ran the bridge lessons. We all learned to play a hand of bridge by the end of our many days of lessons to the relief of our teacher. We all had such fun while we learned and that was the main goal after all. I want to thank Joanne Baldy for her work this year she has gone above and beyond the call of duty. GREAT JOB!

The Day at the Races is an annual event in March. I wish I knew how many years it's been going on. A long time! Stella Thayer hosts us in her box which makes it that much more fun. Stella thank you again for your hospitality! Denise Cassidy chaired The Day at the Races. It was a huge success. Denise had everything arranged so we could pay close attention to the horses. The food was great and we ate a lot. Rae Clark won our Hat Contest. Julie Sargent designed and donated a beautiful necklace for the prize that Rae received for her very chic hat. Of course we all picked winners! Thank you for a great day Denise.

We are all looking forward to The Spring Sustainer Luncheon and Meeting at TYCC honoring the 50 year members of The Junior League of Tampa. They are -Margaret Angell Evans, Jane Collins, Isabelle Ferrell, Patsye King, Pat Kuhn, Judy Lawson, Nancy Sjoberg, Mary Washington Sierra and Betty Wood. The speaker will be well known expert and Historian Mark Tlachac who will shed some light on Frank Lloyd Wright's extremely interesting life.

Until Next Season!

Rosann Martin Creed
Sustainer President



Brooks Byrd, Michael and Debbie Abdoney, MaryBeth Byrd and Zena Hoskins at the Sustainer Spring Cocktail Party



Sustainer Spring Cocktail Party hostess Alysa Ekizian with Stacy Singletary, Marie Harrell and Miriam Lykes



Rosemary Henderson and Miller Detrick (husband of Sustainer Connie Detrick) at the Sustainer Spring Cocktail Party

Sustainer of the Year AWARD



Sarah Jane Gallaher Rubio

The Sustainer of the Year Award is presented to a Sustainer who has shown outstanding volunteer service in a community service organization or through community service over a significant number of years after the age of forty.

Sarah Jane Rubio is a native of Tampa, Florida. Her Mother Mildred W. Gallaher was a Founding Member of The Junior League of Tampa. Sarah Jane is married to Mauricio Rubio and together they have five children and nine grandchildren.

Sarah Jane has been a member of The Junior League of Tampa for 63 years. She joined at the age of 19. Her love of helping others through the League was most apparent at Tampa General Hospital. She worked with premature infants, worked at the information desk, in post surgical waiting room and in the gift shop as a JLT volunteer. She continued to work in the neonatal unit after becoming a Sustainer. She also worked as a guide at H.B. Plant Museum and the JLT Thrift Shop. She has chaired various committees and projects and has been a goodwill ambassador for the Junior League for these many years.

Sarah Jane has also been a member of The Chiselers for 43 years. The amazing fact is that she remains very active today. At 83, she is the creative force behind most Chiseler projects.

In 1998 Sarah Jane convinced the Chiselers that selling Christmas ornaments would be a good fundraising project. Then, this grand lady from Tampa contacted Radko and convinced that big company to design an ornament in the shape of a minaret for the Chiselers. The ornaments were such a success, The Chiselers, lead by Sarah Jane, sold similar ornaments the following two years netting \$35,000 to the Chiselers and creating three unique Tampa treasures that will be passed down for generations.

In 2004, she came up with the idea to publish a book documenting the story of The Chiselers and their contributions to the 1891 Tampa Bay Hotel. It bothered her that this historic preservation story had never been told in detail. She wanted Tampa's residents to become knowledgeable about this building that was the setting for much of Tampa's rich history and our city's visitors to understand how much Tampa values its treasured National Historic Landmark. Sarah Jane again used her enormous powers of persuasion to convince The Chiselers to publish *A Jewel Reclaimed*. Its first printing netted The Chiselers over \$40,000. The book has also been placed in the library of every public school in Hillsborough County in an attempt to educate our youth about the significance of this building and its part in their city's colorful past and the importance of historic preservation.

In recognition of her lifelong commitment to the Tampa community, The Chiselers and the Tampa Bay Hotel, Sarah Jane was selected as the Honorary Chair for The Chiselers Preview Party in 2007. That event raised \$118,000 for the historic preservation work of the organization. The Chiselers' work preserves the building and, therefore, preserves Tampa's history.

But she was not finished. When it became popular to "go green", she decided The Chiselers should join the movement and sell reusable bags. The first order of 300 sold within weeks and the second 300 sold almost immediately.

As a 31-year active member of the Henry B. Plant Museum Society, Sarah Jane had another long time dream that she knew would come true one day. She just had to take another Sustainer and Museum Society member Robin Gonzalez out to lunch and then convince the Executive Board and the membership that it was a great idea. Her almost childlike enthusiasm, optimism and dedication resulted in a children's book that will teach future generations about the treasures to be found at the Henry B. Plant Museum if they just use their imaginations. *Maggie & Max at the Museum*, became a Florida Trust for Historic Preservation Education Award Winner, and is the culmination of Sarah Jane's years of work for the Museum.

Mayor Iorio kicked off the publication of *Maggie & Max* by reading it to third graders at the Museum and still refers to it as one of her favorites. It is sold in the Museum Shop and in other locations around the city to raise funds for the museum.

Perhaps its most powerful use is as the *Maggie & Max Go To the Classroom* Reading Program in our Title I Elementary Schools. Through a Frank E. Duckwall Foundation Grant over 5,000 Title I third graders, many of whom have never owned a book, were read to and received their own book and over 500 were treated to a visit to the museum.

Sarah Jane also has time to share her love with another community – the Canterbury residents. After moving into Canterbury, she noticed there was no volunteer group to provide services to the patients in the Canterbury Health Center and raise money to provide the patients with amenities not provided by management. Therefore, in typical Sarah Jane style, Sarah Jane formed one! In 2000, she formed Friends of Canterbury and served as its President for 5 years, as well as the Chair of its Annual Bazaar. The group donates many volunteer hours and has raised funds for several projects, including “The Bentley Walk,” a garden area where health center patients may walk and enjoy the outdoors. Sarah Jane was an active organizer and performs with the “Canterbury Players,” a group who provides entertainment to the patients.

Sarah Jane’s energy is boundless and her love for everyone she meets is immeasurable and always given freely. As many Junior Leaguers look forward to reaching 40 and “going sustaining” to take a rest, Sarah Jane did just the opposite. Who else would be creating ornaments and developing a support group for a health center in her sixties, chairing fund raisers and inspiring books in her seventies and impacting 2,500 Hillsborough County Title I third graders annually in her eighties? She “sustains” all of us who have the privilege of knowing her!



Sarah Jane Rubio with granddaughter and daughter



Sarah Jane and Mauricio Rubio

Past Sustainers of the Year

- 1970 – Sylvia Corral Vega (Mrs. C.C., Jr.)
- 1971 – Georgia Cornelius MacDonald (Mrs. Clifford)
- 1972 – Madeline Pasqual Gibbons (Mrs. Arthur)
- 1973 – Jane Hughey Hewit (Mrs. Linus W.)
- 1974 – Louise Lykes Ferguson (Mrs. Chester)
- 1975 – Martha Sale Ferman (Mrs. James L.)
- 1976 – Elizabeth Whidden Himes (Mrs. John R.)
- 1977 – Nancy Torbett Ford (Mrs. Charles E., Jr.)
- 1978 – Helen Ayala Davis (Mrs. Sam F.)
- 1979 – Catherine Ortmeier Healy (Mrs. Charles T.)
- 1980 – Lois Wilson Garrett (Mrs. Preston)
- 1981 – Nancy Lee Woods McKay (Mrs. Herbert)
- 1982 – Cecile Lee Burnett (Mrs. J. Mac)
- 1983 – Ruthanne Padgett McLean (Mrs. W.C., Jr.)
- 1984 – Jean Ann Ramsdell Cone (Mrs. Douglas P.)
- 1985 – Susan Sossamon Bulger (Mrs. William W.)
- 1986 – Ann Lowry Murphey (Mrs. David III)
- 1987 – Joanne Hecker Frazier (Mrs. J. Warren)
- 1988 – Isabelle Swift Ferrell (Mrs. Marshall)
- 1989 – Mia Carnaris Hardcastle (Mrs. Ken)
- 1990 – Wynette Howell (Mrs. A. Clewis)
- 1991 – Barbara Barritt Romano (Mrs. Jack)
- 1992 – Stephanie Mills Chapman
- 1993 – Rosemary Harris Henderson
- 1994 – Stella Ferguson Thayer (Mrs. Bronson)
- 1995 – Patricia T. Daley (Mrs. Thomas)
- 1996 – Cecelia Davis Ferman (Mrs. James L., Jr.)
- 1997 – Sally Lowry Baldwin (Mrs. Walter, Jr.)
- 1998 – Sylvia “Nootchie” Vega Smith (Mrs. H. Vance)
- 1999 – Betty Hall Wood (Mrs. G. Pierce, Jr.)
- 2000 – Lora Warren Hulse (Mrs. David)
- 2001 – Joan Hendrick McKay (Mrs. Howell)
- 2002 – Cody Fowler Davis
- 2003 – Betsy Barron Stagg (Mrs. Lawrence)
- 2004 – Adele Marsicano Clarke (Mrs. Richard)
- 2005 – Martha Robbins Hall (Mrs. Laurence)
- 2006 – Mary Frost Feingold (Mrs. Mark Feingold)
- 2007 – Sally Shapard Hill (Mrs. Lewis, III)
- 2008 – Frances Hyer Reynolds (Mrs. William H.)
- 2009 - Judy Lawson (Mrs. John R., Jr.)



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Women with a vision



Lisa Andrews

As a provisional member in 1988, Lisa Andrews had no idea of her League vision. Perhaps that is because like many League members, her vision was guided and influenced by other leaders in the League, namely Barbara Ryals.

Lisa started her League years volunteering for the Thrift sale for several years, eventually was the co-chair of the Cookbook committee, participated in several other programs “that are long gone,” and eventually made her way to President, something she had never envisioned.

As she reflects on her League experience, she recalls the influence Barbara Ryals, specifically, had on her involvement. Barbara was the chair of the Cookbook committee the year *Tampa Treasures* debuted and Lisa was on her special events committee. Lisa was on the committee because of her passion, “I love to cook and loved the idea of the cookbook.” However, Barbara saw much more than a committee member and encouraged her to take a leadership role. “She started pulling me in,” Lisa says and that pull is what ignited Lisa’s involvement throughout her League career.

Lisa went on to be the assistant chair of the Immunization committee, with Barbara Ryals, and at her encouragement eventually filled out a Willingness To Serve form. Lisa says learning about this application and submitting hers is where it all “clicked.” She says, “That’s how you get involved to take it to the next step.” And although she had leadership experience under her belt, Lisa still remembers calling Barbara with surprise in her voice after getting the call to be the Community Vice President. Barbara’s response? What do you think you’ve been training for?

Lisa went on to hold several leadership positions after Community Vice President leading up to her role as President in 2003 through 2004. “I never really planned on it,” she recalls. “I was just a regular member until a leader pulled me in.”

Her gratitude for the years of training, service, and involvement in her community is evident. Lisa is still best friends with ladies she had in her provisional class more than 20 years ago. And her community involvement has continued outside the League with organizations such as the Girl Scouts, school PTA, More Health, and her youngest daughter’s cheerleading squad.

And as a side note, Lisa puts a new meaning to the Junior League becoming your family because for her...it truly did. She ended up marrying Barbara Ryals’ husband’s first cousin and now calls one of her Provisional class friends her sister-in-law.

Lisa may not have known what the League held for her upon entering, but there is no doubt in her mind what she’s taken away.



Mia Hardcastle

As a member of The Junior League of Tampa, she was once the League’s President, editor of *The Sandspur*, Provisional Chair, head of the Cookbook committee and more. And quite frankly, as a Sustainer, this picture could be almost anyone. However, it’s Mia Hardcastle, member since 1961, who credits the structure, consistency and training she received from the League that launched her into several chapters of her life that are both unique and rewarding.

Mia recalls Del Poling, renowned speaker, trainer and an expert on organizational change, speaking to the League in the late 70s when she was President. He spoke on a concept called “Management by Objectives,” something the League still uses today when we create our principles, objectives, and strategies when taking on a new project. Mia recalls being on the forefront of such impactful training and how it supported her personal and professional growth.

During her League experience, she went on to become the first woman member of the Board of WFLA, of GTE, and the Board of Governors of the Tampa Chamber of Commerce. As she looks back, she recalls not realizing the League was such a training ground for leadership roles inside and outside of the organization.

However, leadership skills aren’t the only thing Mia credits to the League. She credits her international business, Topiary, Inc.—the business that is still booming—started when she and her friend, and League member, built and sold 200 topiaries within the first two days of the first Junior League Show House. Mia and Carol Guyton eventually started selling small topiaries to Disney, which increased their name recognition and awareness, and even today she’s finishing up a life size camel for an estate in New Jersey.

“I was so grateful for the training they [the Junior League] gave me. I felt, as a Sustainer, I could do anything.” And it seems that’s just what Mia has done. She now spends her time running Topiary, Inc., involved with the church, enjoying her two and a half year old grandson, and attending Sustainer meetings and annual luncheons to keep up with the latest League happenings.

Mia admires the women of the League today—their energy, commitment, and ability to juggle all of their responsibilities. And I dare say I speak for us all when I say the admiration goes both ways. Thank you for your dedication and support of the League.

Capture the Coast: Thrill of the Grill



The fourth and final volume of The Junior League of Tampa's Culinary Collection, *Capture the Coast*, will be unveiled on September 1, 2010. *Capture the Coast* features recipes that showcase fresh ingredients from our local farms and waterways, celebrate distinctive traditions from our rich, cultural heritage, and complement our vibrant outdoor lifestyle. Join us as we set a table by the water and discover new ways to capture the essence of coastal dining.

To whet your appetite and celebrate summer, we're offering a glimpse of one of our menus, "Thrill of the Grill". We are excited to share one of the recipes, Layered Shrimp Dip. One of our testers served this at a pool party, and all agreed it was the "perfect Florida appetizer." Try it at your next cookout!

Thrill of the Grill

Fresh Lime Juice Margarita

Layered Shrimp Dip

Trio of Kebabs –Mojo Beef, Spice-Rubbed Shrimp, Chicken

Florida Lobster with Lemon Basil Butter

Summer Vegetables over Couscous

Key Lime Pie with Gingersnap Crust



We would like to introduce you to the Culinary Collection's newest symbol of JLT hospitality. The starfish has many symbolic meanings, including love, guidance, hope, compassion and inspiration. *Capture the Coast* celebrates the love that comes from our kitchens, the guidance of our mothers and grandmothers, the hope we have for the

future, the compassion our members show for our community and the inspiration we draw from the sea. Look for the starfish throughout our newest cookbook, as well as in merchandise that accompanies the book and at Holiday Gift Market.

Layered Shrimp Dip



A Gulf Coast take on the traditional layered dip.

Blend cream cheese and sour cream together. Add Worcestershire sauce, lemon juice, garlic, and ½ cup shredded cheese and blend. Spread mixture in bottom of serving dish (at least 1 quart capacity). Layer on top of cream cheese base, in order, chili sauce, ½ cup shredded cheese, red pepper and olives.

Cut each shrimp into 4 pieces and place on top. Garnish with green onions.

INGREDIENTS

20-30 medium cooked shrimp

8 ounces cream cheese

2 tablespoons sour cream

2 teaspoons Worcestershire sauce

1 teaspoon lemon juice

1 clove garlic, minced

1/2 medium red pepper, chopped

3 green onions, chopped

1 cup Mexican mix shredded cheese, divided

3 tablespoons chili sauce

10 medium olives, chopped (optional)

It's almost time to... Capture the Coast

The final volume of the Culinary Collection, *Capture the Coast*, will debut on September 1st. Enjoy a great discount by placing your pre-sale order today and be one of the first to experience our exciting new book.

CAPTURE THE SAVINGS!

Active Members will be required to purchase 4 copies of *Capture the Coast*. For the first time ever, we will be offering a pre-sale discount on the required minimum number of books. Plan now to share *Capture the Coast* with family, friends, co-workers and clients, and you can take advantage of even deeper discounts!

PRE-SALE DISCOUNTS

Quantity	Discount	Price Each
1-3	No Discount	\$21.95
4-5	10% off	\$19.75
6-11	15% off	\$18.65
12+	20% off	\$17.56
24+	25% off	\$16.46
48+	30% off	\$15.37

Pre-Sale prices apply to orders placed and paid for by August 31st.

CAPTURE THE PRIZES!

You can win great prizes for pre-ordering *Capture the Coast*. The Pre-Sale Contest will run from April 1st to August 15th. The Active and Sustainer with the most books purchased will each receive a special "thank you" gift. The top 5 Actives and top 5 Sustainers will also be invited to the Debut Party on September 1st.

PRE-SALE ORDER FORM

Please send order with check or credit card information to: The Junior League of Tampa, 87 Columbia Drive, Tampa, FL 33606
 Order by Phone: (813) 254-1734 ext. 2 Fax your order to: (813) 254-9593 or Order online at www.JLTampa.org

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Sustainer

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Card #: _____ Name on Card: _____

Exp Date: _____ Security Code: _____

JLT Featured Members

LAURIE DAIGLE



Member status:
Active

**Junior League
Member Since:**
2001

Current Placement:
Placement Mentor

Occupation: Former English teacher, current Let's Eat! Owner

Family: Scott, husband of nine years, Davis (almost 2), and Ivy (Chesapeake Bay Retriever)

I Wish I Knew How To: I wish I knew how to: Speak a foreign language fluently

If I Could, I Would: Live in the Keys

Favorite Thing About Tampa: delicious Cuban food, beautiful new museums and unique pirate customs

Community Activities: Sunday school teacher & Abigail Circle at Good Shepherd Lutheran, Tampa Garden Club member, Bible Study Fellowship member, Faith Café volunteer, Pi Beta Phi Tampa Alumnae Club, KSwiss Tennis

Three Accomplishments You are Proud of: My business, my former students, and my extraordinary friends and family

Something You Wish Someone Had Told You Earlier: It's impossible to please everyone all the time, and it's even more impossible to do everything perfectly. Allocate your time carefully

Your Life Philosophy on A Bumper Sticker: People are just about as happy as they make up their minds to be

What Experience has Changed You Most: Reading Mitch Albom's *Have a Little Faith*

My Worst Habit is: Over committing myself

One Thing People Wouldn't Know About You: I love sewing!

KELLY SWORDS



Member status:
New Active

**Junior League
Member Since:**
2009

Occupation: Resident Physician, 3rd year Urology Resident rotating at Tampa General, Moffitt Cancer Center, and James A. Haley V.A

Family: My mother and father are retired and live in NC and OH. My sister is in NYC as modern dancer for Via Dance, the company that she founded

I Wish I Knew How To: Dance with some sense of rhythm

If I Could, I Would: Be a contestant on Survivor

Favorite Thing About Tampa: The weather. I get to run year round

Community Activities: JLT, Men's Health Day Volunteer

Three Accomplishments You are Proud of: Becoming a doctor and a Urology resident, Competing in a Half Ironman, Being a high school science teacher for 2 years

Something You Wish Someone Had Told You Earlier: No friend is an accident.

Your Life Philosophy on A Bumper Sticker: Create a life you love

What Experience has Changed You Most: It's a tie: Traveling in Europe when I was 22 years old for 10 weeks by myself and being the first woman in Urology at USF in 19 years.

My Worst Habit is: picking at my split ends and not standing up straight

One Thing People Wouldn't Know About You: I was a spinning instructor for many years before I moved to Tampa

KIKI KELAITA



Member status:
New Active

**Junior League
Member Since:**
2009

Occupation: Owner of Simple Titles, LLC

Family: My husband Jim and my two sweet step children who I adore- Ashley and Carter. All of my other family is in Destin.

I Wish I Knew How To: Fly....Planes that is. Both of my parents had planes growing up and loved to fly for fun. I'd like to do the same

If I Could, I Would: Live in NYC for at least a year of my life. I love it there!

Favorite Thing About Tampa: The shopping & restaurants. My two favorite past times!

Community Activities: Chair Scholars and Junior League. I also volunteer often at my children's elementary school

Something You Wish Someone Had Told You Earlier: Don't rush everything! Stop and take a breath

Your Life Philosophy on A Bumper Sticker: "May the best day in your past be the worst day in your future"

What Experience has Changed You Most: Becoming a step mother! It is the most rewarding feeling but yet the one with the least amount of credit given. My step children make it so much fun for me though. I am blessed!

My Worst Habit is: biting my lips...literally. Nervous habit

One Thing People Wouldn't Know About You: I am very crafty. I make all kinds of things and even made a craft room in my home for all of my ideas!

Inspiring leader of the year



*Congratulations to
The Junior League of Tampa's
Inspiring Leader of the Year!*

Jessica Kendall
Kids Connect Chair
2009-2010



Thank you to all of our 2009 - 2010 Endowment Fund Donors! Please consider joining the generous contributors listed below by making a donation of any amount. The Endowment Fund enables you to Leave your Legacy in the Tampa Bay community and ensure The Junior League of Tampa is able to Sustain our Service forever!

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Donations less than \$250 are recognized through the Commemorative Fund.

For more information or to make a pledge or donation, please contact Heather Barrow at 813-839-8262.

Provisional Education Project Recap

By Nina Alvarez

Together, We Shine Brighter! The theme for the 2009-2010 Junior League of Tampa Provisional Class came alive through the Provisional Project at Mary Lee's House (MLH). Thanks to a generous grant received from The Eckerd Family Foundation, the Provisional Class, more than 140 women strong, helped make the project a success! Mary Lee's House, a children's advocacy center that opened in late 2008, was founded by Mary Lee Farrow, Sustainer of The Junior League of Tampa. Mary Lee's House is dedicated to helping children who have been removed from their homes due to suspected cases of abuse or neglect by providing services and support under one roof. Since its inception, Mary Lee's House has assisted more than 3,000 children.

For our project, the Provisional Class was divided into seven committees. Each committee worked directly with Mary Lee's House or the agencies it houses. The Provisional members worked hard to plan events that provided support to the staff, volunteers and families. Events included literacy workshops, child and caregiver events, community awareness and employee appreciation.



The Guardian Ad Litem (GAL) Committee held two events in order to educate Sustainers about the GAL program in Hillsborough County as well as to encourage them to consider volunteering for this underrepresented cause. The daytime committee hosted a "Lucky GAL's Luncheon" complete with special touches including china, crystal and fresh flowers. "The GAL's Night Out", hosted by the evening committee featured hors d'oeuvres from the JLT Culinary Collection and a tour of Mary Lee's House. Yvonne Marrone, Volunteer Recruiter and Community Outreach Coordinator for GAL of Hillsborough County, was the keynote speaker at both events. Sustainer President, Rosann Creed felt, "The Provisionals put together a very informative program on the importance of the Guardian Ad Litem Program. Being a Guardian for a child caught up in the system could be one of the most important and the only rights that children are given in the process of relocation, evaluation and especially the court system. This gives a child a voice in the midst of adults!"

The committee that supported The APPLE Services Program (acronym for Abuse Prevention, Psychotherapy, and Life Education)

worked hand in hand with Mary Lee's House and the Crisis Center of Tampa Bay to host a Saturday event for parents and children. Children were greeted by Certified Safe Therapy Dogs. The children enjoyed interacting with these therapeutic animals. The children also participated in reading circles, crafts and games. Families were treated to lunch, desserts and goodie bags. The parents in attendance were offered a session on compassion fatigue with trained therapists. Thanks to the services of a professional massage therapist families left the event relaxed and refreshed.

The Children's Literacy committee chose the theme "Reading Around the World" and held two book fairs. The Town and County and the North Tampa location of The Family Support and Resource Centers were chosen for these events. The book fair served over 50 Title I families and each child took home five new books. The books were collected at General Membership Meetings, donated by the JLT Children's Literacy Committee, and purchased with grant funds. Local author, David Mark Lopez, read one of his books to the children at each event. In addition, the children enjoyed a morning of arts and crafts and healthy snacks. While the children were having fun, parents were learning important literacy strategies, courtesy of Hillsborough County Public Schools Reading Coaches. This committee enriched the lives of others through the magic of reading.

The Sunshine Committee was responsible for bringing rays of joy into the lives of the staff of Mary Lee's House. They kicked off the year in November with a Thanksgiving-themed luncheon. Random Acts of Kindness followed during the next few months. In December, Provisional members brightened the staff's morning with a sweet treat. January brought Gasparilla to Mary Lee's House in the form of an Employee Appreciation luncheon. Scratch-off Lotto tickets were also given to this winning staff. Employees had the opportunity to visit with each other during an ice cream social in February. March concluded with a pizza party lunch gathering. The Sunshine Committee boosted morale and gave staff the opportunity to get to know one another better.



The Front Porch committee was charged with transforming the outside entryway at Mary Lee's House into a more welcoming, warm environment. Initially, the front porch at Mary Lee's House was simple. It was this committee's task to convert the simple

entryway into a tranquil and serene space. Members of the Provisional Class and volunteers planted over forty new plants, laid mulch and transplanted trees into decorative pots. The committee collaborated with sustainer Judy McMullen, who provided her services to determine what plants, mulch and soil would be the best. For comfortable seating, eight black rocking chairs and full benches were placed around the porch. The finishing touch, a custom mat featuring the Mary Lee's House logo, was unveiled at the Celebrating Children, A Party at Mary Lee's House event on April 24th.



The Junior League of Tampa's 2009-2010 Provisional Project concluded on April 24th at the Child Abuse Awareness Event: Celebrating Children, A Party at Mary Lee's House. This committee assisted in the planning and hosting of a carnival complete with hotdogs, cotton candy, face painting and games. A DJ brought the event to life with fun music and exciting contests. Parents received health and safety tips while children participated in a "bike rodeo". This event attracted over 300 community members. Families participated in exit surveys. The results of these surveys will assist the MLH staff as they prepare for next year's event.

To ensure that the community-at-large was aware of the positive impact this class was making, it was the job of the Public Relations/Marketing Committee to communicate effectively with various media outlets. The group disseminated press releases to local and on-line media. The press releases included event details and photo opportunities. This committee brought the Provisional year to a memorable close with a look back at our accomplishments via photographs gathered at various events and set to music on a Power Point at the Provisional Year End Dinner.

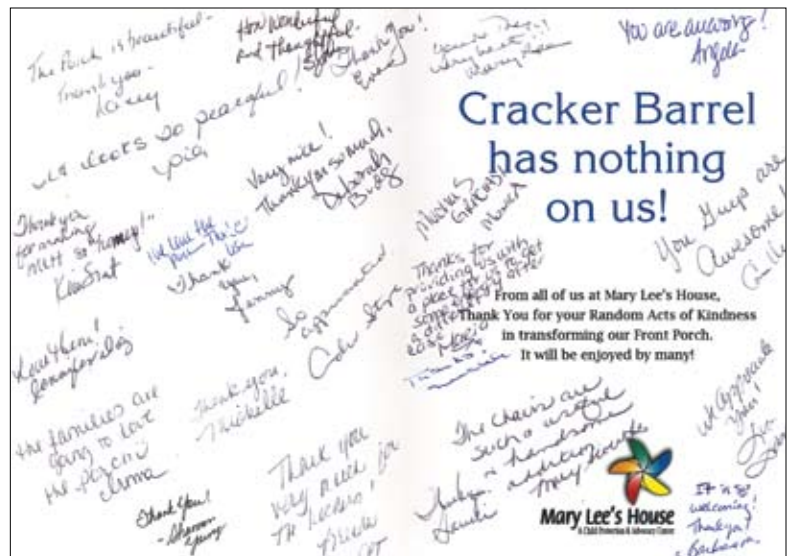
Terrie Dodson, the Provisional Education Project Coordinator, believes that overall, the project had a huge impact in our community. She stated, "We have all learned so much from this project. The Child Abuse Awareness effort now has 145 more supporters!" The Junior League's 2009-2010 Provisional class was privileged to work with Mary Lee's House on this community effort. Provisional Education Chair Lisa Lockhart shared, "The opportunity to work with Mary Lee's House has been beneficial for our Provisional members as well the clients and staff of Mary Lee's House." We know that our newest Junior League of Tampa members will continue to shine in the community. The Provisional Class wishes to thank the families and staff of Mary Lee's House who have helped us to remember that, Together, We Shine Brighter!

The Junior League of Tampa's 2009-2010 Provisional Class members were honored to work with the staff and families of Mary Lee's House (MLH). We could not have provided the amount of support we did without the guidance and direction of Lisa Colen, *Executive Director*, Mary Lee's House and Nancy Hankin, *Community Liaison*, Healthy Start Coalition of Hillsborough County, Inc.

We also wish to thank the following individuals and businesses that so graciously donated their resources to our projects:

Mr. Mark Caldevilla and Ms. Terrie Dodson
 Ms. Judy McMullen, Sustainer
 Mr. Phillip Ottinger
 Ms. Jeanine M. Overton, LMHC, NCC
 Mr. Rick Remke

Bluebell Ice Cream
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 Zephyrhills Water



Committee Spotlights



NEW COOKBOOK DEVELOPMENT

The dedicated ladies of *Capture the Coast* have worked very diligently developing our exciting new cookbook. The committee is divided up into three teams, the Recipe Selection Team (Jenn Hunt, Carolyn Piper, Lisl Unterholzner and Leah Wooten); the Photography Team (Veronica Kruchten and Stacey Waters); and the Writing Team (Patricia Brawley and Jodi Rivera) and is led by Chair Laurie Ann Burton and Assistant Chair Ashley Carl. *Capture the Coast* debuts September 1, 2010!

Committee Members:

Back row: Lisl Unterholzner, Jenn Hunt, Veronica Kruchten, Stacey Waters, Laurie Ann Burton (Chair), Leah Wooten, Jodi Rivera
Front row: Patricia Brawley, Carolyn Piper

Not pictured: Ashley Carl (Assistant Chair)



COMMUNICATIONS/OFFICE

The Communications/Office Committee is responsible for a variety of tasks within the League including internal communications, League photos and monitoring the office budget. This committee handles bulk mailings, creates and sends the weekly e-mail to Actives and Provisionals, and sends the bi-weekly e-blast to Sustainers. The committee also prepares the Member Directory (formerly called the Yearbook) and is responsible for storing League photos and creating a scrapbook to commemorate the League year.

Committee Members:

1st Row (left to right)

Sarah Hart, Lynn Footlick, Lisa Nugent, Lisa-Marie Leihy

2nd row (left to right)

Tracy Clouser (Chair), Ginger Turner, Kim Walters, Lori Hoffman, Heather Mueller, Ansley Graff

Not pictured: Stacey Borsik, Jenny Burdick, Coinne Carnevale, Stacy Collins, Vanessa Sharon, Melissa Snively, Barbara Tesar.



GRANTS

The Grant Writing Committee is chaired by Brita Wilkins Lincoln and includes four grant writers (Suzanne Brownstein, Stacy Williams, Lauren McQueen and Rachel Coleman) and one awards coordinator (Shannon Brown). Each grant writer is assigned to write grant applications for a specific JLT project in order to help develop an expertise about their project. The committee is pleased to report receiving grants from the Glazer Family Foundation, the Eckerd Family Foundation, The Saunders Foundation and The Frank E. Duckwall Foundation.

Committee Members:

Front row (left to right) Lauren McQueen, Suzanne Oaks Brownstein and Shannon Brown

Back row (left to right) Rachel Coleman, Stacy Williams, Brita Wilkins Lincoln



PLACEMENT

The Placement Committee has gone through a major transformation this year. The Mentor Program was implemented and TLC was launched. Both initiatives have been a huge success. The 20 Mentors have engaged their committee members by attending their meetings and events while also supporting the Committee Chairs. Throughout the year, the Mentors have sent e-mails, cards, meals and more to members that had life events. TLC has allowed JLT to support its members while the members are supporting the League!

Committee Members:

Pictured – Lynette Russell (Chair)

Not Pictured: Suzanne Borgia, Brigid Futch, Lisa Hodgdon, Carrie Avoy, Allison Brannigan, Casey Christopher, Colleen Crosby, Laurie Daigle, Hannah Dewar, Elizabeth Essex, Susan Hawkins, Tara Hoss, Karin Hotchkiss, LaShune Jordan, Georgia Kane, Carla Megerian, Christina Merrild, Leslie Minder, Lori Osborne, Ashley Swink, Mary Whalen.



HEADQUARTERS

Have you ever wondered who keeps the Junior League Headquarters clean and tidy? Ever wonder who is responsible for maintenance, remodeling and redecorating of headquarters? The Headquarters committee is responsible for these tasks and many more. The headquarters committee is led by Shannon Brannagan, and is a committee of one person. The Headquarters Chairman works with the JLT Office Administrator to oversee year-round maintenance of the League's headquarters including the building, non-office equipment, landscaping and grounds.



SAVE THE DATE



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NOVEMBER 5 - 7, 2010



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The League...Out and About

Girls Getaway Weekend



Allison Burden, Jen Carlstedt, Gretchen Dominguez, Casey Carefoot, Kathleen Thaxton



Lisa Lockhart, Danielle Post, Allison Brannigan, Lynette Russell



Bridgette Howell and daughter, Aubrey

Mad Hatter Tea Party



Kim and Gates Carswell



*Jen Carlstedt (aka Alice) and Claire Barrow
(daughter of Heather Barrow)*



Stephanie Wiendl with sons, Drew and Rex

JLT Volunteers at Outback Pro-Am



Chelsea Hall, Stephanie Wiendl, Christy Guemple, Tracie Domino, Ann Sells and Kathleen Purdy volunteering at the Outback Steakhouse Pro-Am Welcome Reception

Happy 95th!



Celebrating some members who have celebrated their 95th birthdays- Eleanor Morris, Louise Ferguson, Martha Ferman

JLT Placement Fair



Sue Zelenka recruiting for Holiday Gift Market Committee



Gift Shop Committee recruiting new committee members



Recruiting members for JLT Committees



Cookbook Committee recruiting committee members

EVERY ONE COUNTS

"Each generation goes further than the generation preceding it because it stands on the shoulders of that generation. You will have opportunities beyond anything we've ever known."

- Ronald Reagan



10 Tampa non profit agencies - received **2500** volunteer hours and funds for one day projects



700 Children in crisis served by Mary Lee's House events

121 CHILDREN ADOPTED OR MATCHED TO DATE THROUGH KIDS CONNECT PROGRAM



JLT Capital Investment assisted to open the doors to Mary Lee's House

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**Amy Seeks, Managing Broker of
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Classic Southern Living 4/3½ in Sunset Park has gorgeous eat-in kitchen, huge family room w/ built-in soda/beer dispenser & more! Come see this fabulous family home. Move-in ready! \$950,000 Larry & Janet Mendez 813.695.7093



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