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CHRISSY DOLIGALSKI  
Editor, *The Sandspur*  
Active Since 2014



## THE INEVITABILITY OF CHANGE AND INNOVATION

CHRISSY DOLIGALSKI

As I reflect on the past year serving as your editor, I find that this final letter will be the easiest to write. Now, before I extoll the wonders that innovation and change bring I must make a confession. I usually hate change. Ask anyone in my family and they will tell you that I do not handle change well (let my absolute refusal to set up our unborn son's crib for over a month serve as exhibit A). But alas, change has been a constant in my personal life as well as League life over the past 12 months – and upon reflection I am so grateful for it.

I would be interested to know what separates the Leagues around the country whose membership rolls are shrinking from those - like ours - that are growing and expanding. While many factors are likely at play, I believe that The Junior League of Tampa's commitment to innovative approaches both within and outside of the League have kept the flame of voluntarism burning brightly in our community. The 2016 – 2017 Junior League of Tampa year was no exception. This issue of *The Sandspur* is packed with stories of the League's innovative approaches to community issues (see: Human Trafficking Awareness), membership (see: Customizing your JLT Experience), and developing the potential of women (see: Certificate in Nonprofit Management). Those are just three of the ten (!) amazing featured articles you will see in this issue. Another of my favorites was written by Allison Burden, past League President and current Singapore resident. In it, she describes her experience volunteering internationally and how the skills she learned in her time with the League have served her in her new role.

Have you felt it this year? Have you felt the constant forward progress and innovation? I have. This year has helped me embrace change as a positive (and necessary) part of our lives. It has been my absolute honor to serve as your editor and I am humbled to be able to share some of our League's biggest accomplishments with you all.

Always,

A handwritten signature in black ink that reads "Chrissy".

Chrissy Doligalski  
Editor

---

*"Without change there is no innovation, creativity, or incentive for improvement. Those who initiate change will have a better opportunity to manage the change that is inevitable." –William Pollard*

---



# THE SANDSPUR

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## MEET *THE SANDSPUR*'S EDITORIAL STAFF



CHRISSY DOLIGALSKI, *Editor*

Chrissy, originally from North Carolina, has been an Active member of JLT since 2014. She works as a pharmacist, taking care of heart transplant recipients and enjoys traveling, reading, and spending time with her husband Michael, baby William, and fur-baby Aliena.



LISA BRYAN, *Features Editor*

Lisa is a first year Active and marketing manager for an international nonprofit. In her free time, she enjoys practicing yoga and running.



MARGARET CASHILL, *Copy Editor*

Margaret has been an Active member of The Junior League of Tampa since 2011. She works in marketing communications and comes from a publishing background. She and her husband have a 3 year old and newborn daughter.



NATALIE RODRIGUEZ, *Photography Editor*

Natalie has been an Active member of JLT since 2012 and has been involved with various committees, including serving as chair of the Gasparilla Invasion Party. Her background is in arts and architecture, and she currently works as the national marketing director for Core States Group.



STEPHANIE GENEROTTI, *Advertising Coordinator*

Stephanie is a first year Active. She is originally from Fort Lauderdale and moved to Tampa in 2015 to work as an attorney. In her free time, she enjoys cooking, socializing with friends, and cheering on the Gators!



JENNIFER RICHARDSON, *Advertising Coordinator*

Jennifer is a first year Active and is an assistant marketing manager for a travel company. She is a two-time graduate from Florida State University – Go Noles!



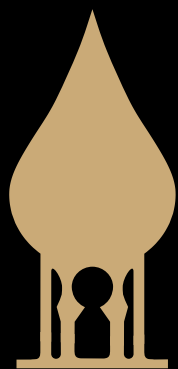
NATALIE CLARK, *Photographer*

Natalie Clark is a Tampa native and joined The Junior League of Tampa in 2012. She is a mother of 3 boys and has a background in sports medicine and mental health.

Learn more about *The Sandspur*  
Contributing Writers throughout the magazine.

## OUR MISSION

Founded in 1926, The Junior League of Tampa, Inc., is an organization of 1,900 women committed to promoting voluntarism, developing the potential of women, and improving communities through effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.



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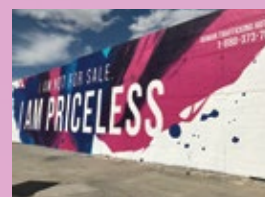
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#### **Images, Words Convey Message of Hope to Trafficking Victims**

*Becca Stevens speaking event follows public debut of mural, both address human trafficking*



**The cover of this issue** was especially designed for *The Sandspur* by artist Leon Bedore of Tes One to mirror his human trafficking awareness mural. The mural is one example of ways the League is working to bring innovative solutions to community issues.



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# THE JOURNEY IS JUST AS IMPORTANT AS THE DESTINATION

NICOLE HUBBARD

I had the opportunity to hear one of the best motivational speakers at the Association of Junior Leagues International, Inc. (AJLI) Annual Conference in Minneapolis last month, and a few key points resonated with me that I wanted to share with you as we wrap up an amazing League year. This successful woman entrepreneur described her new found hobby, motorcycle riding, and how this new hobby taught her so much about herself through self-reflection. She described the first time she climbed onto a motorcycle; the exhilarating freedom of the open road. The excitement of not knowing what lies ahead. The thrill of taking greater risks, shifting into higher gears, and leaning into every turn along the way. As we all travel life's highways and byways, we learn lessons along the way and in doing so find both success and significance in life. I left her presentation with five key points:



**NICOLE HUBBARD**  
President  
Active Since 2006

- Focus on the journey, not the destination.
- Embrace your spirit.
- Chart the best course you can - and keep on going.
- Handle detours and be prepared to change direction.
- Strengthen relationships and meet new friends along the way.

As you tackle the various challenges of your life, you will discover strategies for conquering self-doubt, maneuvering around obstacles, and taking those much needed "rest stops" along the way. You will learn how to map out a plan to stay on course, or know when it's time to "scrap the map" and change directions entirely. Whatever works, it is the journey that matters.

These words are especially poignant as we close one League year and simultaneously embark on another. Thank you to the members of the League for affording me the opportunity to serve as your President and placing your trust in me to lead our organization these past twelve months. It has been an honor and privilege to work alongside you. To our community partners, generous donors and sponsors, thank you for your partnership and for making this another successful year for the League and those we serve. It is my pleasure to pass the gavel to Katie Cappy, 2017-2018 JLT President. Katie will bring wonderful new strengths to JLT though I know she will never lose sight of what makes us great: our members and the community we serve.

So as this League year comes to a close I leave you with these final thoughts: Enjoy the scenery, enjoy your many successes and CELEBRATE them, but most importantly ENJOY THE RIDE because, after all, the journey matters just as much as the destination!

With heartfelt thanks to your commitment to The Junior League of Tampa and our community,

Nicole Hubbard  
President, 2016–2017



March 13, 2017

Ms. Nicole Hubbard  
President  
The Junior League of Tampa  
87 Columbia Drive  
Tampa, Florida 33606

Dear Nicole,

First – we loved being a part of the Junior League of Tampa's 90th Anniversary Celebration! We had a blast working with the Junior League of Tampa at the Tampa General Hospital Heart Day Field Trip.

I also wanted to thank you for helping sponsor the field trip. We have received your check in the amount of \$1,116.27 and appreciate the financial support.

It has been a great 28 years of growth and expansion for MORE HEALTH. We now provide health and safety lessons in 3 counties and have been invited to submit a proposal to provide lessons in Polk County! Thank you for all that the Junior League of Tampa does for MORE HEALTH and the Tampa Bay community.

I look forward to future projects with you and the Junior League of Tampa. Together we can make an even greater impact on our community!

Sincerely,

  
Karen P. Buckenheimer, RN  
Executive Director

3821 HENDERSON BLVD. • TAMPA, FLORIDA 33629 • 813-287-5032 • FAX 813-288-8180 • WWW.MOREHEALTHINC.ORG

## SHRINERS HOSPITALS FOR CHILDREN



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of the thoughtful and generous contribution  
to the Tampa Hospital  
The Junior League of Tampa Inc.  
is permanently inscribed in the*

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Brenda Dow  
CHAIRMAN OF THE BOARD

Dear Laura,  
Thank you so much for recommending ORSIS for  
the Enabling Fund for \$2500 for our School Uniform  
Program. The demand for uniforms has really  
increased this year and this grant will help us to  
keep our shelves at the ORSIS sites stocked. In  
addition we are piloting a new program shortly  
to deliver basic items such as uniforms, deodorant  
to the schools upon request by a school social worker.  
We do expect that this program will increase the  
demand as well. So, thank you for helping ORSIS  
to properly clothe these students.  
Gratefully,  
Ginger Ben, executive director



March 1, 2017  
Jennifer Rodgers  
Junior League of Tampa Bay  
87 Columbia Dr  
Tampa, FL 33606



Dear Ms. Rodgers,

Thank you for your generous donation of \$5,630.45. As a donor, you probably wonder what difference your contribution has made. You provided nutritious backpacks to our food insecure children in the community.

Food insecurity refers to those who do not have a stable source of food. Unfortunately, this affects individuals from all walks of life: a neighbor who just lost her job, a veteran struggling to return to civilian life after serving his country, or a grandparent trying to balance medical bills and mortgage payments. In the Tampa Bay community, this number of individuals could fill Raymond James Stadium 11 times - that's more than 700,000 people!

This number may seem difficult to conquer, but we are up to the challenge. With your support, we are able to provide meals to those in need through mobile pantries, mobile markets, after school meal programs, and backpack programs - just to name a few. Our programs stretch year-round, because hunger does too.

Please continue to show your support throughout the year so that we, together, can make Tampa Bay a hunger-free community!

Best regards,

Thomas Mantz

*You all really are the best!*

Because no one  
should go hungry.

4702 Transport Drive, Building 6 Tampa, FL 33605 | phone 813.254.1190 | fax 813.258.5802 | FeedingTampaBay.org

RICK SCOTT  
GOVERNOR

May 5, 2017



Ms. Nicole Hubbard  
President  
Junior League of Tampa  
87 Columbia Drive  
Tampa, Florida 33606

Dear Ms. Hubbard:

Thank you for your commitment to improving the lives of children and families in our state through your work with the Junior League. Florida is home to many great volunteers like you who make a positive impact in their communities. Thank you for dedicating your time to help others.

The community involvement of Floridians like you is essential to making our state the best place in the world to raise a family, have a great career, and enjoy a life full of opportunity. As I travel the state, families ask me to focus on three important areas: make sure all Floridians have an opportunity for a great job, provide Florida children with access to a great education, and ensure the safety of our communities. Floridians have worked hard to turn our economy around, adding more than 1.35 million private-sector jobs since December 2010 because of our efforts to diversify our economy and cut taxes. We have made great progress in growing jobs and investing in education, and we'll keep working to make Florida the global destination for jobs.

Thank you for your dedication and service to Florida families.

Sincerely,

*Rick Scott*  
Rick Scott  
Governor

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Dear Nicole + Club -  
Eckerd Raising Hope is so grateful to be one of the Junior League's committees for Foster Kids working with Marissa Hyman has been a pleasure! Thank you for your commitment to the local community - do you amazing things!  
Kelly Rossi  
Eckerd Kids

# CELEBRATING A SUCCESSFUL YEAR FOR SUSTAINERS



## 2016–2017 SUSTAINER OFFICERS

**DENISE CASSEDY**, Sustainer President

**BETSY CHAMBERS**, President-Elect

**LESLIE JENNEWEIN**, Recording Secretary

**LEIGH KAMM**, Corresponding Secretary

**NANCY CRANE**, Sustainer at Large

### DENISE CASSEDY

Words cannot describe what a wonderful experience it has been serving as your Sustainer President. I appreciate everyone's hard work as it really does take a village to have a successful year. I thank each and every one of my liaisons, committee chairs and Sustainer friends that willingly lent a hand. As another year closes, we reflect on the role Sustainers played these past few months. We've focused on innovation, with new ideas and events, volunteers at new League functions, and ownership of specific volunteer opportunities. Some of our Sustainers have also gotten involved with the newly formed JLT Toastmasters and have played integral roles in numerous projects.

Personally, this year I aimed to renew the interest of Sustainers who have had wonderful League careers, but took a step back from Junior League. These Sustainers were valuable contributors, holding board positions, amongst other challenging roles. We want to embrace their contributions and encourage them to rejoin. I've been able to reconnect with old friends and remind them of the good times we shared as League members. All our journeys are different, and many of us encountered bumps along the way. Sometimes, road bumps can disrupt our journeys – but we must ensure these setbacks are only temporary. The Junior League of Tampa welcomes back Actives with open arms, many who are now Sustainer eligible. We are excited to embrace Sustainers who resigned from any one of our Junior Leagues across the country. As long as a member resigned in good standing, it is a simple process to reinstate by contacting [secretary@JLTampa.org](mailto:secretary@JLTampa.org).

Junior League Sustainers had more than twenty six events and hosted almost 1200 Sustainers, ranging from the kickoff Fall Sustainer Back to the League luncheon, to our final DIYC Sailing Regatta Cocktail Hour. We had a full plate! I hope everyone realized how fun it is to be a Sustainer.

At the Annual Dinner, it was my honor to present Robin Wright DeLavergne with the Sustainer of the Year Award. Robin embodies a wonderful blend of philanthropy and business know-how. As a League member for over 40 years, she held a host of leadership positions including Junior League President in 1989. Currently, she is the Executive Director and Senior Vice President of Tampa General Hospital Foundation and continues to volunteer in the community with USF Women in Leadership and Philanthropy, Tampa General Hospital Women's Leadership Council, Bank of Tampa Women's Connected Advisory Board, Association for Healthcare Philanthropy, Association for Fundraising Professionals, and Philanthropy Leadership Council. Her life is a testament of the importance of advocacy –“In order to make a difference, you have to believe in what you are doing, why you are doing it, and the people or things you are trying to help.” Her words continually inspire us all to advocate for issues we believe in.

It was thrilling to have the Sustainer Committee recognized as the Committee of the Year by our Executive board. This award is a true testament to the organizational skills and hard work of the Sustainer liaisons and their committee. They gave 150% – and it showed.

It has been a privilege to serve this year and thank you all for this opportunity. I look forward to continuing to play an active role in my Sustainerhood next year and support the new Sustainer Executive Board members in any way I can. Enjoy your summer.

Fondly,

A handwritten signature in cursive script that reads "Denise".

Denise Cassidy  
Sustainer President, 2016–2017







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# INNOVATIONS IN VOLUNTEER TRAINING

by MELISSA KNIGHT NODHTURFT

Training has been a strategic focus of the 2016 – 2017 League year. Over 20 training opportunities were offered throughout the year including a training-oriented speaker at each of our general membership meetings. To build upon this momentum, the League will also be rolling out a certification program for the 2017-2018 year and beyond.

The Junior League of Tampa in collaboration with the Nonprofit Leadership Center has developed the JLT Certificate in Nonprofit Management. The Certificate Program invests in formal, standardized learning opportunities and offers a structured grounding in the operation of a successful nonprofit so that women can better serve the League and other nonprofits. But, this innovative Certificate Program is unique because it offers members the flexibility to customize their own path to earning the certificate by allowing members to pick and choose the trainings that most pique their interest.

## NONPROFIT MANAGEMENT CURRICULUM

The curriculum consists of four (4) Core Areas including: (1) nonprofit volunteer management and member development (blue course offerings); (2) nonprofit fund development (green course offerings); (3) nonprofit financial management (yellow course offerings); and (4) nonprofit evaluation and community impact (orange course offerings).

	2017-2018	2018-2019
SEPT	The Heart of the Volunteer*	Managing Volunteer Performance
OCT	Fearless Resource Development	Donor Stewardship
FEB	Understanding Nonprofit Financial Management	Grant Management 101
MAR	Living your Mission through Customer Service	Demonstrating Community Impact

\*includes Certificate in Volunteer Management

## EARNING THE CERTIFICATE IN NONPROFIT MANAGEMENT

Members must complete one Core Course in each of the four Core Areas. All Core Courses will be taught by the Nonprofit Leadership Center at League headquarters. In addition, members must also complete one Online Course through AJLI's Online Learning initiative in order to earn the JLT Certificate in Nonprofit Management. While the Certificate Program can be completed in one League year, it is not designed to require completion within a certain timeframe.

The Certificate Program is open to all members – Provisionals, Actives, and Sustainers – interested in learning more about the needs of the nonprofit sector and developing the skills to navigate this environment successfully. For more information, please contact the Membership Director ([membership@jltampa.org](mailto:membership@jltampa.org)) or plan to attend an upcoming informational session.

## 2016-2017 Training Events

- |             |   |
|-------------|---|
| <b>JUN</b>  | <ul style="list-style-type: none"> <li>LT Leadership Training with national trainer Karen Henning</li> </ul>  |
| <b>AUG</b>  | <ul style="list-style-type: none"> <li>Active Shooter Training with Christopher "Robie" Robishaw</li> </ul>   |
| <b>SEPT</b> | <ul style="list-style-type: none"> <li>Zika Virus Training with Dr. Brent Laartz</li> <li>GMM Guest Speaker Dawna Stone – Turning Failure into Success</li> </ul>   |
| <b>OCT</b>  | <ul style="list-style-type: none"> <li>GMM Speakers Natasha Nascimento with Redefining Refuge and Edie Rhea with Healing Root Ministry educates members on human trafficking in Tampa</li> <li>Leadership You – Nominating Training Event with Kate Guilfoyle</li> <li>Personal Branding &amp; Social Media Training with Jaqueline Rivera</li> <li>Interview and Media Training with Andrea Sahawneh</li> <li>JLT Leadership Training with Matt Torano - Cultural sensitivity training on how to work with disadvantaged youth in our community</li> </ul> |
| <b>NOV</b>  | <ul style="list-style-type: none"> <li>GMM Guest Speaker Ashley Rhodes-Courter – lessons of living in the child welfare system and life after adoption</li> <li>Using Excel in Life and Work Training with Kitty Riggs</li> </ul>   |
| <b>JAN</b>  | <ul style="list-style-type: none"> <li>The Five Keys to Better Life Balance Training with Ann Park, MD</li> <li>Ahsley Rhodes-Courter's "Three Little Words" book club discussion</li> <li>Diversity, Inclusion, and Cultural Competence Training with Vicki Clark</li> </ul>   |
| <b>FEB</b>  | <ul style="list-style-type: none"> <li>GMM Guest Speaker General Ann Dunwoody discussed her book "A Higher Standard" and the principles behind success.</li> <li>Leadership Training with Tech Data CEO Bob Dutkowsky - Keys to successful leadership in business and in personal life.</li> <li>JLT and the Women's Exchange with Commissioner Sandy Murman</li> <li>Introduction to Sustainerhood Panel Discussion</li> </ul>   |
| <b>MAR</b>  | <ul style="list-style-type: none"> <li>Women's Health Panel Discussion at GMM</li> <li>Digital Cheetah Training with Andrea Webb</li> </ul>   |
| <b>APR</b>  | <ul style="list-style-type: none"> <li>Guest Speaker Director of Development for Champions for Children Liz Kennedy and a panel discussion on the history of JLT &amp; Champions for Children</li> <li>Human Trafficking Training with Special Agent Gregory T. Christopher</li> <li>JLT Leadership Child Welfare Training with Eckerd Kids Executive Director, Jody Grutza and Director of Adoptions Phyllis Ho-Zuhars</li> <li>Think Globally, Act Communally with Rev. Becca Stevens</li> </ul>  |

Melissa Knight Nodhturft joined The Junior League of Tampa in 2009. An alumnae of the University of Florida Levin College of Law and practicing lawyer, she is the 2016-2017 Membership Director. Melissa and her husband Philip enjoy traveling.

MELISSA KNIGHT NODHTURFT



# Provisional Class of 2017

## One Team, One Dream

The theme for Provisional Education this year was a continuation of the League-wide theme of "One Team, One Dream" laid out by President Nicole Hubbard. The Provisional class spent the year learning about the legacy of the League in the Tampa community over its last 90 years. At the beginning of the year, we discussed how each Provisional was placed on our team this year for a reason, whether it was to grow personally in their leadership abilities or create a new way of looking at the Kids in the Kitchen curriculum. We hope that each Provisional had their "Aha" moment this year and discovered their passion and purpose for being a member of The Junior League of Tampa, why they were put in those seats at orientation, and why they are still a key component of our team! We rounded out the year with the Provisional End of the Year dinner. The theme for the night was "Provisional Year & Beyond," looking forward to the next 90 years of our League as well as the excitement beyond the Provisional year. And the outlook sure looks golden, with these 137 new Actives paving the way and 67 of them in Willingness to Lead roles for the 2017-2018 year!

Photos by: Rick Maupin



### ASHLEY WATTERS

Ashley Watters joined the League in 2012 and served as both a Provisional Education Mentor and Kids in the Kitchen Provisional Project Assistant Chair before serving as this year's Provisional Education Chair.





Amanda Calta



Lindsay Capito



Emily Colamarino



Elisa Congelio



Rebecca Dallas



Marissa Davis



Avery Coffman



Shelby Clites



Latoya Christopher



Sonia Cerundolo



Jennifer Crocker



Sheriss Crosskey

Rachel Cruz



Beverly Foster



Jennifer Crawford



Sarah Couture



Abigail Cory



Jourdan Cooper



Alyson Cooper



Sarah Edwards



Ashley Ehrman



Autumn Etheredge



Kelsey Hammel



Mary Ashley Edwards



Lane Dowdell



Lisa DiGiore



Katy Diaz



Megan DeBonis



Belinda Gavino



Lori Griffiths



Kimberly Grucza

Heather Hall



Claire Fyvolent



Sydney Gates

*"Continue to step outside of your comfort zone and stay committed to OUR dream of promoting voluntarism, developing yourself and other women to discover your true potential, and improving our community. If you continue building upon what you have learned this year and our mission, you will be surprised by the people and organizations you meet along the way, the friendships you gain, and the difference YOU can make. Be innovators, doers, strategists, and volunteers all in your own unique ways as we look ahead to the next 90 years!"*

— Ashley Watters, Provisional Education Chair



Melissa Horvath

Cameron Hill

Sarah Hieber

Christina Hernandez

Lindsey Kent

Kelley Kinpatrick

Elicia Kimble

Elizabeth Makofske

Laurel Lupcho

Courtney Lovinger

Nikki Kendrick

Kourtney Kellin

Amber Lewis

Michelle Leslie

Taylor Mock

Jenna Milavickas

Priyanka Joseph

Kristin Jordan

Rachel Impink

Annie Lam

Nikki Leonard

Suzanne Mesmer

Stefanie McQueen

Cameron McIlabb

Kim Murgio

Caitlin Moroney

Melisa Morgan

Vicki Moore

Lynsay Moore

Kinsey Moore

Chrissy Nieves

Shannon Nehrig

Erin Kohlhaas

Ashley Knight

Kadie Klurtz

Janine Kiray

Susan Mazuchowski

Mia Mastracchio

Allison Massingill

Michelle Martin

Jennifer Malone





Valerie Noel



Joanie Oben



Adrienne Rea



Allison Revelle



Abbey Pritchett



Erin Simendinger



Sara Smith



Jessica Primiani



Jillian Shaw



Dianita Pimenta



Clare Sessums



Khara Schmidt



Stephanie Olivo-Schulte



Marie Sabina



Amber Veatch



Kristin Vick



Alma Royster



Lindsey Vance



Amanda Rodriguez



Madison Truluck



Cardyn Robinson



Whitney Tozier



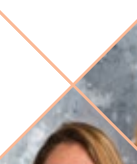
Nazley Wilson



Jacqueline Rivera



Nikki Tate



Jennifer Wilson



Kendyl Tash



Tallee Williams



Stephanie Swinson



Kristen Wenk



Meghan Sullivan



Mackenzie Warmack



Kimberly Stabler



Ashley Zohara



Julie Ward



Nicole Wong



Melissa Vu

# Images, Words Convey Message of Hope to Trafficking Victims

by LAUREN M. BENTZ

**On the afternoon of April 25, a mural by artist Leon Bedore debuted at 839 N. Morgan Street in downtown Tampa.**

The mural sends a clear message in opposition of human trafficking. It reads, "I am not for sale. I am priceless." Shades of purple and pink underscore themes of compassion, healing and hope.

The Junior League of Tampa has played a major role in the fight against trafficking in the region. In early 2014, the League partnered with the FREE Network and Ad 2 Tampa Bay to launch the ABOLISH Movement. This year the League took its efforts to a new level by planning and funding the permanent wall mural, as well as an event featuring speaker and author Becca Stevens.

JLT wanted to create a permanent statement and a sign of hope, as well as a platform to share the message. It made the vision a reality through a collaboration with the City of Tampa Arts Department, the Tampa Police Department, artist Leon Bedore with Tes One, and survivors and advocates in the FREE Network.

The mural's location across from a Greyhound bus station is strategic and significant, given the likelihood of trafficking victims to frequent bus stations, airports, truck stops and other ports of entry. Should passersbys be looking for help, the mural displays the National Human Trafficking hotline number.

Members of the public attended the mural reveal along with trafficking survivors, League members and local and state leaders such as Tampa Police Chief Eric Ward, Hillsborough State Attorney



**"When the community is educated and aware, the individuals can gain hope and reassurance that they can heal from their experiences." —Becca Stevens**

Andrew Warren and Florida Attorney General Pam Bondi, who all stand with the League in its efforts to raise awareness about human trafficking in our community. We were also fortunate to have Becca Stevens be a part of the mural reveal as she spoke to the crowd about how love is the most powerful force for social change.

Bondi emphasized the importance of collaboration when she stated, "Bringing awareness to this is how we're going to stop this horrific problem around our country."

Energized by the campaign, the City of Tampa Arts Department created bumper stickers of Leon Bedore's mural. Representatives distributed the bumper stickers at the reveal.

## Creating Change, Spreading the Word

JLT hosted "Think Globally, Act Communally," an evening with Becca Stevens at the Tampa Theatre for over 350 people later that day. This training event was free of charge and open to the public.

Both the Tampa Theatre and The Junior League of Tampa celebrated their 90<sup>th</sup> anniversaries this year.

Stevens is an author and priest, and also is the founder of Thistle Farms, a nonprofit that sells handmade products by women survivors of trafficking, prostitution and addiction.

Stevens has been featured in *The New York Times*, on ABC World News and NPR, and was recently named a 2016 CNN Hero and a White House "Champion of Change."





Being a survivor of child abuse and trafficking, Stevens wanted to open a safe haven for other survivors. Five women who had endured trafficking, violence and addiction first joined the community in 1997.

Today, the organization provides housing, medical care, education and other services for two-year periods. Both residents and graduates have employment opportunities at one of four “social enterprises.”

With Florida ranking third nationally for call-ins to the National Human Trafficking hotline, Stevens’ story resounded with supporters in the audience.

“The issues are hard and big. It takes practice; there is no formula for healing. You have to be in it for the long haul,” Stevens said.

Stevens, along with two survivors who served as panelists, shared stories and offered words of hope for victims and advice for those who are seeking ways to help.

She stressed the importance of housing in local communities and the impact of communities on individuals, as well as the need to raise more awareness. “When the community is educated and aware, the individuals can gain hope and reassurance that they can heal from their experiences,” she said.

Handmade Thistle Farms products were sold in the lobby before and after the event.

Although The League does not work directly with human trafficking victims, it does have the ability to continue to be a strong advocate and voice for victims and organizations that help them.

The mural and Tampa Theatre event were another phase in a campaign to raise awareness around the Tampa area.



#### LAUREN BENTZ

Lauren is a fourth year active with The Junior League of Tampa. She received her bachelors and master's degree from the University of Tampa and currently teaches at St. John's Episcopal Day School. In her free time she loves reading and running.







# CREATING AN INNOVATION HUB IN DOWNTOWN TAMPA

by KARLA STEVENSON MASTRACCHIO

There was a time not long ago when downtown Tampa and the downtowns of other cities existed in a twilight. The economy had contracted, the demand for housing was down and people felt less inclined to venture out. Fortunately those trends reversed, and in 2017, Tampa's central business district stands on the brink of new era.

A culture of innovation has been building downtown. With a new medical school and cardiovascular research center on the way, and further ahead, the possibility of a science museum, the spirit of science, creativity and learning is on track to surge.

This fall, the University of South Florida plans to begin construction on the USF Health Morsani College of Medicine and Heart Institute with a goal to open in 2019.

The project—estimated at \$153 million—represents not only a major investment in downtown, but a prevailing confidence in the future of Tampa's urban center and in Tampa overall. This bodes well for The Junior League of Tampa and other organizations that serve the community and promote its health and opportunities.

## FROM THE GROUND UP

Once a community-based medical school, USF Health Morsani College of Medicine (MCOM) has built a reputation as a health education destination. Expanding downtown gives USF the opportunity to create a state-of-the-art medical facility from the ground up.

By 2020, medical knowledge is expected to double every 73 days, Dr. Bryan Bognar, Vice Dean for Educational Affairs at MCOM, noted in an interview with USF communications.

This rate of change creates a challenge for medical educators, not only in terms of curriculum but facilities as well.

MCOM's plans call for an auditorium that can be customized in size, an experiential learning lab equipped with virtual simulators and other state-of-the-art technologies throughout the building.



In building downtown, USF is taking a major step toward meeting 21<sup>st</sup> century needs, both for MCOM and for the USF Health Heart Institute (HHI), which will be co-located at the site.

The USF Heart Health Institute will integrate biomedical research and advanced clinical care in an effort to find new ways to detect and treat cardiovascular disease, as well as prevent them, according to university communications. The goal will be to improve the overall “heart health” of the community.

USF has recruited Dr. Sam Wickline—a cardiologist known for research that explores the molecular basis of disease-causing processes to lead the institute.

“Heart disease is the number one killer of people in the world and the United States, and there are still innumerable problems to solve,” Dr. Wickline told university communications. “I have been impressed by the energy and commitment here at the University of South Florida to invest substantial resources in a heart institute.”

## FULL “STEAM” AHEAD

A number of successful ventures and development projects have set the stage downtown. USF's Center for Advanced Medical Learning and Simulation—or CAMLS—planted the flag for cutting-edge health care education when it opened its doors in 2012. Tampa Riverwalk, a pedestrian development decades in the making, offers a scenic walkway along the Hillsborough River, and Channelside has emerged as a center for business, entertainment and residential activity and the site of major development expected yet ahead.

Meanwhile in north Tampa, leaders of The Museum of Science and Industry (MOSI) are mapping out a future downtown as they reorganize at their current location.

To this end, MOSI conducted a feasibility study to assess the scenario of a new facility about eight miles down the road.

The study found that by relocating downtown, MOSI could reinvent itself and find new audiences. The move would create a science center that is “vibrant, strong and future-focused,” according to study findings.

Downtown, MOSI has the potential to add a new ingredient to the mix of energy and innovation, and provide a center for STEAM (science, technology, engineering, arts and math) education.

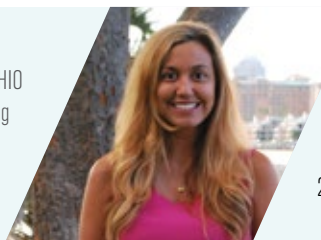
Leaders are working toward a goal to relocate in 2022.

For more than 90 years, the League has supported community-based projects. As the League and the Tampa Bay community have grown, both have become more innovative and global in their approach. The Junior League of Tampa is excited about these additions to our downtown and the discoveries that are happening right here in our community. We cannot wait to see what the future holds.



KARLA S. MASTRACCHIO

Karla has been an Active member of JLT since 2011 and has served on the Provisional Education, Cookbook, and Training Committees. She works at US Centcom as a media analyst and at University of Tampa as an English and journalism professor. She is married and has one fur kid – a rescue named Madison.



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# Hike to 90 Campaign & 90<sup>th</sup> Anniversary Project Conclude

by LISA BRYAN

In honor and celebration of The Junior League of Tampa's 90<sup>th</sup> anniversary, League President Nicole Hubbard presented members with a challenge: to complete 90 hours of volunteer work both within and outside of the League throughout the course of the year. As voluntarism is the first prong of the League's mission, the Hike to 90 Campaign, a volunteer service recognition campaign, was a natural fit. With a hashtag of #90for90, Provisionals, Actives, and Sustainers have been documenting their efforts over the past 12 months.

The League seeks to create a supportive, safe environment that encourages the continuous development of women to reach their highest potential as civic and community leaders. Whether it be through various corporations, faith communities, civic and service clubs, schools, or other community organizations, the League is excited to celebrate the rippling effect of volunteer community service and enrichment of our community. Meet some of the women who took this challenge to heart and achieved this milestone throughout the year!

## KATIE SELMAN

YEARS ACTIVE: 5

2016-2017 PLACEMENT:

AJLI Winter Conference Committee Member

HIKE TO 90 VOLUNTEER WORK: Humane Society of Tampa Bay, Girls Scout Troop Leader, and Guardian ad litem in training

## COLLEEN O'BRIEN

YEARS ACTIVE: Transfer

2016 – 2017 PLACEMENT:

Love Bundles Sheriff's Office Coordinator

HIKE TO 90 VOLUNTEER WORK: Humane Society of Tampa Bay, HCBA – young readers initiative and military and veteran's affairs committee, and Pepin Academies Board of Directors

## DIANIA PIEMNTA

YEARS ACTIVE: newest Active!

2016 – 2017 PLACEMENT: Provisional

HIKE TO 90 VOLUNTEER WORK:

Hillsborough County Children's Advisory Board, General Federation of Women's Clubs, Tampa Juniors Board of Directors, and the American Red Cross

## LAUREN SUAREZ

YEARS ACTIVE: 5

2016 – 2017 PLACEMENT: Enabling Fund Committee Member

HIKE TO 90 VOLUNTEER WORK:

Toastmasters League of Speakers officer

## DOHNIA DORMAN

YEARS ACTIVE: Transfer

2016 – 2017 PLACEMENT:

Kids in the Kitchen Training Coordinator  
HIKE TO 90 VOLUNTEER WORK: Membership Director – Tampa Bay Chapter of the National Black MBA Association

## JENNY SCHROEDER

YEARS ACTIVE: Transfer

2016 – 2017 PLACEMENT:

Provisional Education Mentor

HIKE TO 90 VOLUNTEER WORK:

Imagine Gala Committee for the Children's Home Society and multiple League shifts including Dragon Boats, AJLI, 90<sup>th</sup> Anniversary Project, National Adoption Day, Food 4 Kids, and Kids in the Kitchen

## LILLIAN CHOR

YEARS ACTIVE: 2

2016 – 2017 PLACEMENT: Dragon Boat Vendor Committee Member

HIKE TO 90 VOLUNTEER WORK:

Pride and Passion signature fundraiser for TMOA, and Florida all retriever rescue foster mom

***A huge thank you to all of our 90<sup>th</sup> Anniversary Project partners this year!***

- Glazer Children's Museum: Pinwheels for Prevention
- Hillsborough County Public Library, WEDU PBS, and Children's Board of Hillsborough County: Mobile Interactive Literacy Opportunities "MILO"
- Academy Prep Center: Leadership Institute Week
- The Boys and Girls Club of Tampa Bay: 90<sup>th</sup> Anniversary Community Celebration
- Honor Flight of West Central Florida: Mission 28: Welcome Home Celebration
- The Spring: Renovation Day
- MORE HEALTH, Inc and Tampa General Hospital: Are you Heart Smart? Day
- The Straz Center for the Performing Arts and Metropolitan Ministries: Cast Party
- Champions for Children: Community Conference on Child Abuse and Neglect

*continued on next page*

LISA BRYAN

Lisa is a first year Active and marketing manager for an international nonprofit. In her free time, she enjoys practicing yoga and running.





## *Cast Party for the Students of Straz Center for the Performing Arts' Spring Break Theatre Camp*

**MARCH 17, 2017**

In 1936, the League and the Children's Theater hosted weekly plays that were broadcasted over the radio. To honor this history and our focus of providing access to the arts for all children, the League partnered with the Straz Center and Metropolitan Ministries in March.

For the past seven years, the Straz has partnered with Metropolitan Ministries, a long-time League community partner, to host a spring break theatre camp for students who otherwise would not have activities to do during their school spring break week. Almost 95% of the students who enrolled in the camp are a part of the Metropolitan Ministries housing program.

This year, the League was able to join in the event by hosting a Cast Party at the completion of the week-long camp for over 40 children as a way of celebrating the hard work and achievement of the students who worked to bring the play to fruition. The volunteers were then treated to a phenomenal dress rehearsal performance of the "Broadway Kids" themed show by the students. The League provided a healthy lunch and celebrated the camp's success with cake.





## *Champions for Children: "Community Conference on Child Abuse and Neglect"*

**APRIL 27, 2017**

Champions for Children, which is celebrating its 40<sup>th</sup> anniversary this year, and the League hosted a "Community Conference on Child Abuse and Neglect" on Thursday, April 27, 2017 at the Bryan Glazer Jewish Community Center. This event, free and open to the community, welcomed nearly 430 attendees.

Following remarks from program chair Graeme Frase and JLT President Nicole Hubbard, Brian McEwen, Executive Director of Champions for Children, introduced keynote speaker Mike Carroll, the Secretary of the Florida Department of Children's and Families (DCF). Carroll discussed the current state of the families DCF is seeing and their complexity. He also urged the community to step forward to do what they can to foster the building of strong, safe families. Dr. Charlyn Harper Brown then spoke on the importance of strengthening families through research done at the Center for the Study of Social Policy, and Liz Kennedy wrapped up with closing

remarks and a call to revisit collaborative community action. Several other community partners were in attendance with informational tables set up including Central Florida Behavioral Health Network, The Spring, Children's Board of Hillsborough County, Healthy Start Coalition, Office of Economic Self Sufficiency, Mary Lee's House, and Early Learning.

Roughly 35 community leaders met at the JLT headquarters on June 6<sup>th</sup> as a grassroots follow up to the conference. This group plans to approach this difficult problem with new knowledge and the energy to look at what we, as a community, can do to build strong families and help children thrive and be safe.

The next meeting is scheduled for July 18<sup>th</sup> at 6:00 p.m. at JLT headquarters and any interested are welcome.



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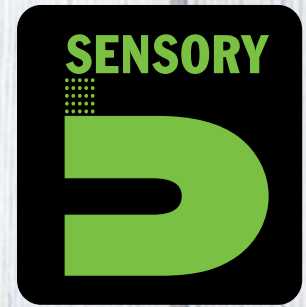
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# INTERNATIONAL VOLUNTARISM: TRANSLATING LEAGUE SKILLS IN SINGAPORE

by ALLISON BURDEN



Ask any Sustainer, and I believe most, if not all will tell you the same thing: “I learned how to be an impactful volunteer through my League experiences.”

As a former leader in the League, I have always known the value of our training, having spent most of my adult life as a member.

**But it took a move to Asia, more specifically Singapore, for me to fully appreciate the life skills the League has taught me...and those skills go far above just learning how to be an impactful volunteer.**

Living abroad can be an incredibly isolating experience. As a trailing spouse, you are often left with significant amounts of time to fill. Your partner has work, your children have school and you have? In Singapore specifically, it is very challenging to find any type of employment if you are not a citizen. So I knew I needed to find volunteer outlets for my time and talents, and sooner rather than later.

Once our family was settled, it was time for me to find avenues to pursue my interests. League experience taught me that seeking like-minded women is the first step. I promptly joined the American Women's Association (AWA). The AWA is a sisterhood of women from around the world, who come together to enhance their Singapore experience through fulfilling volunteer-led events and activities. Through my membership in AWA, I found several leisure activities to connect me to other women.

**League experiences conditioned me to always be willing to try new things and meet new people – incredibly valuable lessons when you are an Expat living in a foreign country.**

The next step in acclimating was finding some meaningful volunteer activities. I started with a volunteer position in my daughter's high school and looked for other ways to give my time in the Singapore community. Through AWA, I joined the community outreach planning committee. Similar to the structure within JLT, this committee vets and visits agencies around the country who are seeking volunteer assistance. We also work to develop meaningful volunteer opportunities within our focus areas.

My most meaningful volunteer experience to date has been that of English teacher. On a weekly basis a group of 20 women from the Humanitarian Organization for Migration Economics (HOME) shelter gather for English lessons. These foreign domestic workers are primarily from Indonesia, Myanmar and the Philippines and come from abusive employment situations. I look forward to expanding the program to more AWA members next year.

Without my League leadership skills and the encouragement of wonderful JLT friends, I would never have had the courage to embrace this opportunity for our family.

**The Junior League of Tampa leadership skills transcend boundaries and can make an immediate and lasting impact anywhere in the world.**





ALLISON BURDEN

Allison Burden is a Sustaining member and served as President of The Junior League of Tampa from 2011 to 2012. She currently resides in Singapore with her husband Adam and her three children, Abby, Adam and Anne-Marie. She is the incoming Board Chair of Community Outreach for the American Women's Association in Singapore.







# THE LUMINARIES

Preserving the Past. Inspiring the Future.

## Luminaries Award Luncheon

by ALEX HADDAD PALERMO AND TENEILLE WILLIAMS

The third annual Luminaries Luncheon was held on May 5, 2017, at the Hilton in Downtown Tampa. The luncheon honored the 2017 Luminaries: the Honorable Betty Castor, the Honorable Judge Katherine Essrig, and J. Thomas Touchton.

The luncheon was a huge success, featuring approximately 350 attendees with numerous elected officials and dignitaries, including Chief Judge Ronald Ficarrotta, Sustainer Judge Virginia Covington, Judge Laura Ward, Judge Emily Peacock, Judge Ralph Stoddard, Judge Elizabeth Rice, Congresswoman Kathy Castor, Governor Bob Martinez, Representative Janet Cruz, Commissioner Sandy Murman, and Mayor Bob Buckhorn. League Community Advisory Board member Grayson Kamm once again served as the amazing emcee, Mayor Buckhorn welcomed our guests, the Very Reverend Charles Connelly gave the invocation, and the Academy Prep Tampa Girls' Choir beautifully sang the National Anthem. Past honorees Sister Claire LeBeouf and Lincoln Tamayo were also in attendance.

Through the Luminaries, The Junior League of Tampa, in partnership with WEDU PBS, aims to improve the community by preserving and inspiring a legacy of luminaries who are catalysts for lasting community impact. This year's honorees were no exception. They perfectly exemplify the inspiring leadership, commitment to lasting community impact through advocacy, and achievement or prominence and distinction this event was created to recognize.

The Luminaries Committee was comprised of co-chairs Alex Palermo and Teneille Williams, Assistant Treasurer Shannon Tompkins, Placement Mentor Ashley Hayes, Event Coordinator Bethany Votaw, Education Coordinator Jasmine King, Fundraising Coordinators Molly James and Katie Rehberg, Public Relations Coordinator Melissa Russ, Danielle Campbell, Kristina Gandre, Nicole Duga, Candace Evans, and Susan McElroy. Special thanks to Nicole Hubbard, Stacy Jacobs Carlson and the Fundraising team for all their support!

### ALEX PALERMO

is originally from Niceville, Florida. She is an attorney at Burr & Forman, LLP practicing business litigation. In addition to being a member of JLT, Alex is an elected Governor for the Florida Bar Young Lawyers Division as well as the Hillsborough County Bar. Alex recently had a little girl named Rory. In her free time, she loves spending time with her husband and Rory, boating, running, working out, reading and binge watching episodes of Friends.





### **The Honorable Betty Castor**

Elizabeth "Betty" Bowe Castor, a native of Glassboro, New Jersey, moved to Florida in 1966, where she became a politician, a proponent of educational causes, and the first female president of the University of South Florida. Castor's career has spanned continents, bridged social and political gaps, and afforded numerous awards, honors and appointments. Betty Castor's life is a story of firsts - first to lead an all-female climbing expedition to the top of Mt. Kilimanjaro; the first woman elected to the Hillsborough County Commission and the first woman elected to the Florida Cabinet. Besides being the mother

of two daughters who followed her into politics, and a son who's a judge in Palm Beach County, Castor has been a teacher in Miami, a state senator from Tampa, a League of Women Voters pioneer and the first woman president of the University of South Florida. Castor supports several USF programs including endowments in Music, Women's Athletics, the College of Public Health, Women in Leadership & Philanthropy (WLP), the College of Arts and Science, the USF Library and WUSF. Currently, she chairs the J. William Fulbright Foreign Scholarship Board. Many women hold leadership roles today, but in Florida and in our community, Castor helped break the glass ceiling. She remains an insightful, engaged, committed community leader and inspiring role model to many.



### **The Honorable Judge Katherine Essrig**

The Honorable Judge Essrig, a Tampa native and University of Florida graduate, presides in Hillsborough's family dependency and child welfare court and has drawn state and national attention for her work on and off the bench. She has served as a systemic change agent in establishing services and programming for children and families through her representation on the Children's Board of Hillsborough County for fifteen years. Judge Essrig serves on numerous boards, panels, workgroups and committees locally, statewide and nationally regarding the welfare of children. As the need has arisen in more

recent years, Judge Essrig has also been involved in the handling of unaccompanied minor cases and immigrant juvenile cases. Judge Essrig's commitment to the children of Hillsborough County has been influencing reforms in the court system, child welfare, early learning and prevention and intervention programming and has resulted in decreased rates of repeat maltreatment, innovative leadership in the establishment of early childhood court, and a demonstrated commitment to collaboration which resulted in achieving more successful outcomes for children.



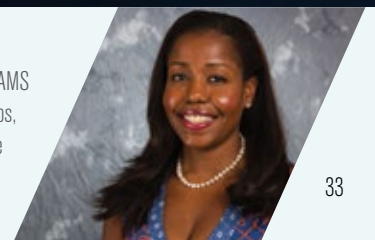
### **J. Thomas Touchton**

J. Thomas Touchton is Chairman of The Witt-Touchton Company LLC, a private investment company in Tampa, Florida. He was born in Dade City, Florida, has lived in Tampa since August, 1964 and is married to the former Lavinia Lee Witt of Tampa. Mr. Touchton served for 23 years as a member of the Boards of Directors of TECO Energy, Inc. and its principal subsidiary, Tampa Electric Company. He also served for 25 years as a trustee or director of more than two dozen investment companies sponsored by Merrill Lynch & Co. Mr. Touchton was the Founding Chairman from 1989-2000 of the Tampa Bay History Center

which opened in downtown Tampa in January, 2009 as the most comprehensive history museum on the West Coast of Florida, and he continues to serve on its Board of Trustees. He chaired the History Center's successful \$32 million Capital Campaign which provided private sector support for the building, exhibits and endowment. Mr. Touchton's contribution through the Tampa Bay History Center lays a strong foundation around community identity.

is from Trinidad and Tobago. She is a Director of Implementation at Optum. In addition to being part of JLT, Teneille also goes on mission trips, volunteers with Make A Wish foundation and Habitat for Humanity. She recently got engaged and became an American citizen. In her spare time she runs so she can eat, enjoys playing kickball and participating in fitness competitions.

TENEILLE WILLIAMS







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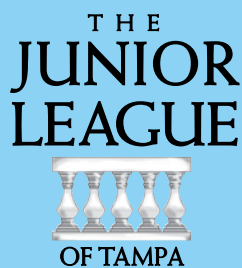
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No streaking.





# CUSTOMIZING YOUR



# EXPERIENCE

by KENDRA MCCAN

The Junior League of Tampa strives continuously to ensure membership in the League is not only rewarding and meaningful, but also manageable for all members. Based on helpful feedback from last fall's (2016) membership survey, the Executive Board was able to analyze the current membership requirements and identify ways they could be improved. As a result, the League will roll out exciting changes to its membership requirements for this coming membership year (2017-2018)!

Specifically, members will be able to fulfill their annual membership requirements through a customizable point system. Each member will be able to create her own personal League experience by tailoring her participation to suit her interests, strengths and availability. Many other Leagues have implemented similar point systems successfully, and JLT is excited to offer its members the opportunity to optimize their participation in (and contributions to) the League.

The new membership requirements will be based on a point system which includes "firm points" (points earned in regard to required/mandatory events) and "flex points" (points earned based on a member's custom choices). Each member's points requirement for the year is based upon her tenure in the League.

- **"Bronze"** members are those with one to three active years in the League. They are required to earn 12 points throughout the year.
- **"Silver"** members are those with four to five years of active membership. They are required to earn eight points.
- **"Gold"** members are those with six to nine years active and are required to earn six points throughout the year.
- **"Platinum"** members are those with 10 or more years of Active membership. They are exempt from the membership point requirements.

Bronze, Silver and Gold members will be required to attend two General Membership Meetings and/or training events (for a total of two "firm points"). Bronze and Silver members will also be required to attend one three-hour Holiday Gift Market shift (for two "firm points"). All other points may be earned through any combination of "flex points," pursuant to the categories and corresponding points set forth below.

If you have any questions or comments, or if you would like to learn more about the changes to the League's membership requirements, please contact the Membership Manager at [membershipmanager@jltampa.org](mailto:membershipmanager@jltampa.org).

SHIFT CATEGORY	POINTS
Community Project	2
JLT Event Volunteer (AJLI, Christmas Tree Lighting)	2
Fundraising (Dragon Boat, Luminaries)	2
HGM	2
GMM	1
Training	1
Attend JLT Event (Annual Dinner)	1
Serve on Internal JLT Leadership Committee (Exec, LC, MC & Nominating)	1
Sponsor a Provisional	1
Serve on Another Non-Profit Board	1
Sell 25 HGM Tickets	1
Donate \$250+ to Annual Campaign	1
Active of the Month Winner	1

KENDRA MCCAN

Kendra joined The Junior League of Tampa in 2015. She is an attorney and has lived in Tampa for the past 3 years. In her free time, she enjoys running, cheering on the Florida Gators, going to concerts, and spending time with friends and family.



# A Conversation with AJLI's Anne Dalton



## Research & Reflection Led Leadership Innovation

by MARGARET CASHILL

The Junior League of Tampa's new leadership model, which debuted at the start of the 2015-2106 League year, distinguishes governance from management and assigns duties accordingly.

"The governance restructure—along with a revised community program strategy and updated membership models—make up three "intertwined" branches of a transformation going on at Leagues across the Association," said Anne Dalton, Chief Officer for Strategic Initiatives for the Association of Junior Leagues International Inc.

Since JLT began in 1926, the lives of its members have become more complex and in many ways more demanding. Fortunately, JLT and its parent organization AJLI have adapted to the cultural and demographic changes, dynamic schedules and need for flexibility.

Dalton, who joined AJLI in 1983, handles strategic transformation rollout efforts across the Association. In her interview with *The Sandspur*, she describes the long-term planning and intensive research that went into the innovative leadership change. Responses are edited for length.

### *The Sandspur: How have Leagues changed over the years?*

**Dalton:** Leagues are much more networked to one another; there is more collective governance going on in the sense that the Leagues have the opportunity to have a voice. There's been much more of an intentional engagement of Leagues in almost every significant area I can think of.

### *The Sandspur: How does JLT's governance restructure fit into the bigger picture?*

**Dalton:** We have determined there are three branches to this transformation, all of which are intertwined. [One] leg of the stool is to move out of a volunteer-managed governance system, which is what the League has had since day one. We are part-time volunteers, so there are some significant time and continuity issues that create tremendous operating risks through rotating volunteers. [It was proposed] that you need a governing board and a management system.

We needed to clarify the community impact piece of the puzzle. This piece is intended to change the way Leagues identify issues for their work and how they approach the work, less the League providing volunteers to meet the needs of an agency, rather than seeing the agency as a partner. The League comes to the table with a cadre of women looking for leadership opportunities. You build a collaborative program to match those interests and meet the needs.

[Also], a redefined membership model. It was clear from the research we were using a membership model that looked unchanged from 1901, when it made sense. [With the new model], the member determines the amount of time she came give. She is looking for a dynamic connection to her volunteer work and the opportunities she's interested in. The woman who is intrigued by philanthropy wants to take a different path than the woman who wants to set programs than the woman who wants a high-touch volunteer opportunity. All three skill sets are necessary to move what we care about forward. These women want to track in those directions and not be required to change placements every year.



*The Sandspur: How would you describe the efforts that led up to governance and management transitions at Leagues including Tampa, from your perspective at AJLI?*

*Dalton:* We began at the front end with deep-dive research, qualitative and quantitative. All of that research created a framework for the AJLI board to rethink what was the overall long-term vision of the Junior League movement—not of any one League, but the collective. In 2009, the Leagues adopted the new vision, “Women Around the World as Catalysts for Lasting Community Change.” That allowed us to trigger what we thought would be a conventional strategic planning process. We hired Heather McLeod Grant, who had authored a book about high-performing nonprofits [Forces for Good: The Six Practices of High-Impact Nonprofits], and we created a 15-member task force. One of the first observations Heather and her team made is that we needed a more strategic assessment of the range of options available. Let’s dig into the League experience. That very first task force went from 2009 to [around] 2010.

*The Sandspur: What was the result?*

*Dalton:* They pumped out five critical questions. What was the focus of the mission? What do we mean ‘we are an international organization’—what does that really mean when our vision statement talks about women around the world? What does the membership value proposition have to look like? What are the governance and management systems necessary to support it? How does this change what Leagues expect from [us] and what the role of the Association should be?

*The Sandspur: Where does JLT stand with this process?*

*Dalton:* We now have 158 Leagues [out of 291] that have completed one or more of these three segments and I think between 25 and 30 Leagues have completed two of the three. Tampa has done work around community impact and fully embraced the governance and management piece of the puzzle.

*Collaborative, Cohesive:  
The Junior League of Tampa Leadership*

By restructuring its leadership, The Junior League of Tampa sought to improve satisfaction among members, create a culture of engagement and drive organizational change.

The League delegated responsibilities from the Executive Board to other areas of leadership. This alleviated time commitments, opened up new leadership opportunities and replaced a structure that had been in place for years.

The Executive Board, Management Council, and committee chairs collectively make up the Leadership Council, which meet monthly to attend to League matters and experience training, before breaking off into Advisory Council meetings which are divided by categories like Membership, Community, Communications, and Finance and Fund Development.

JLT recently initiated training table topics at the beginning of each Advisory Council meeting. These help orient newer chairs with volunteer management, committee transitions, onboarding and other challenges.

*Executive Board:* Provides governance over the League, making sure it follows the long-term direction and strategic vision.

*Management Council:* Oversees operations, management and day-to-day decisions of the League.

*Leadership Council:* Collaborates with one another to ensure programs adhere to the League’s mission.

*Community Advisory Board:* Works with the Executive Board and Leadership Council to provide guidance and direction for the League. A group of high-level, trusted advisors representing a wide range of professional and community experiences.



# TAMPA BAY INTERNATIONAL DRAGON BOAT RACES SHINES INTERNATIONAL SPOTLIGHT ON TAMPA

by LAUREN M. BENTZ

On Saturday, April 29, more than 5,000 people gathered at the Cotanchobee Fort Brooke Park on the Tampa Riverwalk for the 2017 Tampa Bay International Dragon Boat Races. The Junior League of Tampa partnered with PanAm Dragon Boat Association to host the event.

Forty-eight teams from across the United States, Canada and Europe participated in the all-day event. Along with amateur dragon boaters, several corporate and community teams such as Academy Prep Center of Tampa, Special Olympics of Hillsborough County and the Ryan Nece Foundation participated.

Meghan McGuire and Elizabeth Dunsmoor led a 35-member committee to organize the event. The event generated impressive numbers that speak to their hard work and dedication.

Special thanks to Sustainer Beth Schatzberg and David Johnson with the Blue Dragons for all their advice and support getting this new fundraiser started for JLT.



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**5,000**  
attendees







**120+** volunteers  
(JLT and non-JLT, men,  
women and teenagers)

More than  
**1,050**  
athletes

covering more than  
**180** shifts

**48** teams



**33**

**440M** races  
and one **2000M** race



**20**  
sponsors  
and in-kind  
donors

**31** teams won  
either a Gold, Silver  
or Bronze medal



**2** bands  
(Southern Train & The  
Little Kintner Boys)



**22** businesses including **2** nonprofits, The  
Junior League of Tampa and the Tampa Bay Buccaneers



LAUREN BENTZ  
Lauren is a fourth year active with The Junior League of Tampa. She received her bachelors and master's degree from the University of Tampa and currently teaches at St. John's Episcopal Day School. In her free time she loves reading and running.







# Come join us for lunch!

**Exceptional Professionals** is a group of Junior League women who balance work, family, and volunteer goals with grace and a smile. We have been meeting monthly for 18 years to share ideas, stay connected, and build friendships. We recently added quarterly seminars to support all working women. Give us a call and we will send you a calendar for the upcoming seminars.

Contact Exceptional Professionals and join us for lunch! Call or text **Krista Allred** at 813-766-3313.

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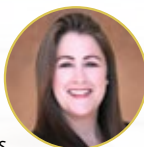
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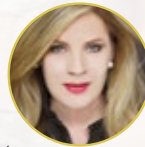
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# The U.S. Coast Guard Cutter *Tampa*: Bringing Local History Back to Life

by CHRISSY DOLIGALSKI

The story of the U.S. Coast Guard Cutter *Tampa* seemed to have been lost.

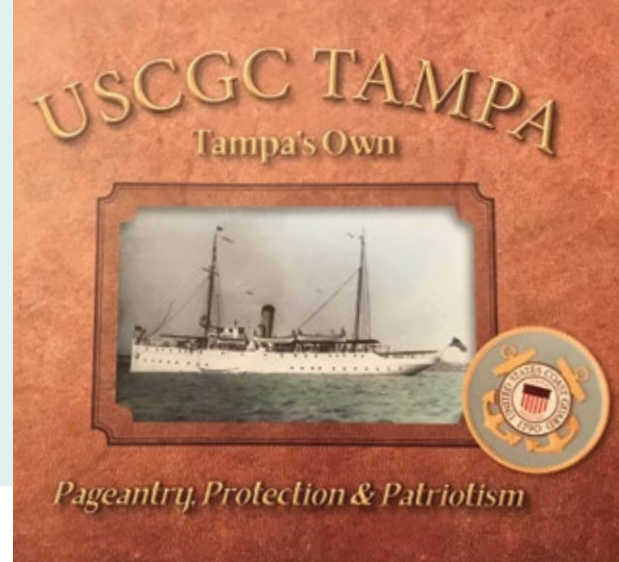
Even lifelong Tampanians Nancy J. Turner and Robin Robson Gonzalez hadn't heard of it until Robin stumbled upon the story while working on a Gasparilla exhibit for the Henry B. Plant Museum not long ago.

These Junior League of Tampa Sustainers have virtually resurrected the *Tampa* for a new generation of Tampa students and adults alike.

In their new book, "USCGC *Tampa*: Tampa's Own Pageantry, Protection & Patriotism," Gonzalez and Turner recount in vivid detail the story of the *Tampa*. From her time as a participant in the early Gasparilla flotillas to ice patrols off of Newfoundland, the *Tampa* carried more than 25 Tampanians near and far.

Shortly after the United States' entry into World War I on April 6, 1917, the crew of the *Tampa* boarded an Austrian steamer anchored off Ballast Point, neutralizing a threat too close to home. In the fall of 1917, she was ordered across the Atlantic to serve as protection for merchant convoys in the dangerous waters surrounding Europe. Unfortunately, the *Tampa* made the ultimate sacrifice on September 26, 1918, when she was torpedoed by a German U-boat in the Bristol Channel, and 131 lives were lost.

Nancy and Robin credit skills gained in the League, along with the power of modern-day technology, with bringing the story of the *Tampa* back to life. Funded by The Frank E. Duckwall Foundation, Inc. and The Saunders Foundation, the book will go to all 27 public high schools in Hillsborough County and will be incorporated as part of the official American history curriculum, touching 12,000 high school students each year. This summer, Hillsborough County teachers will attend a teacher workshop for the book, complete with a teacher guide created by Robin.



But Robin and Nancy didn't stop with the incorporation of their book into school curriculum. The Tampa Bay History Center is planning a memorial to immortalize the USCGC *Tampa*. The unveiling is scheduled Feb. 3, 2018.

Nancy and Robin discovered a unique League connection in their research. There were three sets of brothers, affectionately known as the "Tampa Boys," who served on the *Tampa*. Sustainer Sue Cox's great uncles were one of the sets of brothers.

"Everyone is connected to the League," Nancy said.

In telling the story of the *Tampa*, Nancy and Robin have discovered that innovation doesn't always mean that something is new. Sometimes, innovation is uncovering a story that had been lost and connections that were hidden in photographs scattered across the globe.

## Save the Date:

Help us welcome the USCGC *Tampa* back to friendly waters at the unveiling of her memorial at the Tampa Bay History Center followed by a watch party at JLT headquarters on **February 3, 2018**.  
*Be on the lookout for details!*

Chrissy, originally from North Carolina, has been an Active member of JLT since 2014. She works as a pharmacist, taking care of heart transplant recipients and enjoys traveling, reading, and spending with her husband Michael, baby William and fur-baby Aliena.

CHRISSY DOLIGALSKI







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# *A Postcard from Havana*

## *Recap of the 2017 Annual dinner*

*Annual Dinner celebrates accomplishments, creates memories*

by KENDRA MCCAN

Members of The Junior League of Tampa had much to celebrate as they gathered at the Palma Ceia Golf & Country Club for the Annual Dinner May 11. A thriving, influential organization, the League crossed the 90-year mark more than 1,900 members strong. 265 members attended the event.

Attendees embraced this year's "Havana Nights" theme by wearing their most vibrant and colorful ensembles. They enjoyed a themed photo booth, festive accessories, and delicious food. Thanks to the efforts of Courtney Bilyeu, Kristin Brady and the entire Social Committee, this year's Annual Dinner will be remembered fondly for many years to come.

President Nicole Hubbard opened the evening's events with heartfelt reflection on the League's successes and accomplishments over the past year. This year's leaders have managed many new and expanding projects, along with ongoing governance improvements. They have inspired the next wave of ladies who will continue the

League's legacy of service and dedication to the community.

In the spirit of the League's wildly successful year, annual awards were given to those members who demonstrated tireless commitment to the League and to our community.

Attendees also observed the ceremonial passing of the gavel to Katie Cappy. The incoming President for 2017-2018 expressed her excitement and optimism for the League's upcoming year. Attendees heard from the incoming President-Elect for 2017-2018 Isabel Dewey, whose passion for the League and commitment to leadership further solidifies the exciting things to come over the next several years.

Thanks to all members who attended Annual Dinner for expressing gratitude to leadership and welcoming incoming leaders. Congratulations to this year's award winners!





#### SUSTAINER OF THE YEAR

Robin  
DeLavernne

#### PROVISIONAL OF THE YEAR

Annie Lam

#### ACTIVE OF THE YEAR

Stephanie Haas

#### COMMITTEE OF THE YEAR

The Sustainer  
Committee:  
Ashley Porch &  
Laura Campbell

#### MARTHA FERMAN SPIRIT AWARD

Casey Carefoot

#### INSPIRING LEADER OF THE YEAR

Meghan McGuire

#### HIKE TO 90 VOLUNTEER

Katie Selman  
*Over 3,000 hours!*

Kendra joined The Junior League of Tampa in 2015. She is an attorney and has lived in Tampa for the past 3 years. In her free time, she enjoys running, cheering on the Florida Gators, going to concerts, and spending time with friends and family.

KENDRA MCCAN









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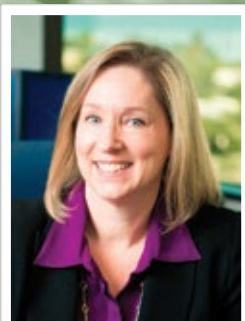
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To learn more about the Annual Campaign or to make a gift, visit <http://www.jltampa.org/annual-campaign>  
For questions, contact [fundraising@jltampa.org](mailto:fundraising@jltampa.org)

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- Honor someone's service to JLT
- Offer condolences to a member who has lost a loved one



To make a commemorative gift, simply fill out an envelope and place your donation inside (cash or check only) or scan the QR code to be taken directly to our online donation site (credit or debit card). All commemorative gifts support The Junior League of Tampa's endowment.

To learn more or to make a gift, visit <http://www.jltampa.org/commemorative-gifts>  
For questions, contact [endowment@jltampa.org](mailto:endowment@jltampa.org)

*This includes a cumulative listing of commemorative gifts received March 1, 2017 through June 7, 2017.*



## CONGRATULATIONS TO

### **Kim Carswell**

*on her new role as Account Executive*

- Meghan McGuire
- Laura Everitt
- Jenny Spencer
- Ginny Garcia
- Isabel Dewey
- Leslie Hodz

### **Maggie McClelland,**

*on being selected as part of the Greater Tampa Chamber of Commerce Leadership Tampa 2017*

- Meghan McGuire
- Jenny Spencer
- Katie Cappy

*In honor of Leigh Kamm, for all she does to make a difference in our Community*

- Irene Ferguson



## CELEBRATING THE BIRTH OF

### **Adelle Marie,**

*daughter of Erin and Jay Annis*

- Meghan McGuire
- Ginny Garcia
- Isabel Dewey

### **James Edward,**

*son of Shannon and Ray Tompkins*

- Lisa Bryan
- Meghan McGuire
- Jenny Spencer
- Ginny Garcia
- Isabel Dewey
- Katie Cappy

- Jenny Spencer

- Ginny Garcia
- Isabel Dewey
- Leslie Hodz
- Kate Caldarelli

### **Charles James,**

*son of Courtney Cox*

- Shannon Tompkins
- Nicole Hubbard
- Jenny Spencer
- Katie Cappy
- Ginny Garcia
- Leslie Hodz
- Caroline Vostrejs

### **Justin Henry,**

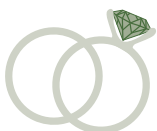
*son of Jessica Kendall Hornof*

- Sara McIntire
- Shannon Tompkins
- Nicole Hubbard
- Caroline Vostrejs
- Katie Cappy

### **Darcy,**

*daughter of Margaret Cashill*

- Meghan McGuire
- Nicole Hubbard
- Laura Everitt
- Katie Cappy
- Isabel Dewey



## BEST WISHES TO

### **Kendra McCan,**

*on her engagement to Chance Lyman*

- Ashley Hayes
- Chrissy Doligalski
- Nicole Hubbard

### **Tricia Tindall**

*on her engagement to Heath Boucek*

- Amanda Hendrick
- Nicole Hubbard
- Katie Cappy
- Kate Caldarelli



## IN MEMORY OF

### **Sarah Jane Rubio**

- Cynthia Coney
- Laura Everitt
- Nicole Hubbard
- Katie Cappy
- Jenny Spencer
- Melissa Knight Nodhturft
- Ginny Garcia



# HIGHLIGHTING OUR 90<sup>TH</sup> YEAR OF COMMUNITY IMPACT

Our impact is possible because of our hardworking members, generous donors, and loyal community partners. Thank you to all who support our mission.

\* Statistics range from 7/1/16 - 6/30/17



Volunteered over  
**50,000** hours



**13,741** books distributed to  
**150** classrooms  
in 13 Title 1 and  
Renaissance schools



**\$55,000** awarded  
to local nonprofit  
agencies



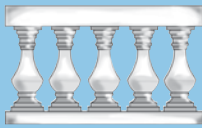
**11,285** bags  
of food distributed this year to  
needy families

**1,514** backpacks assembled to  
provide necessities for children who  
are taken into protective custody due  
to neglect or abuse

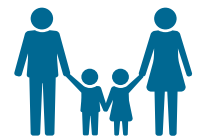


**305** children fed weekly



THE  
**JUNIOR  
LEAGUE**  
  
OF TAMPA

**3** children  
matched with  
their forever  
families



**14** signature  
community projects  
focused on child  
welfare and education

**22** training events  
for more than 1,900  
women



**\$330,000** invested  
in the community through  
our partnership projects  
and community assistance  
opportunities

Celebrated our 90<sup>th</sup> Anniversary  
with **9** community partner  
projects



Anti-human  
trafficking  
training with  
**350+** attendees



Anti-human trafficking mural  
in downtown Tampa

*"I am not for sale,  
I am priceless"*

Help us make our community a better place for children and families by visiting:

[WWW.JLTAMPA.ORG](http://WWW.JLTAMPA.ORG)

## The Junior League of Tampa Endowment Fund

*Leaving a Legacy...Sustaining Our Service*

To celebrate our 90<sup>th</sup> anniversary, League members were given the option to add \$19.26 to their 2016-2017 dues payment. Several members opted to donate more than \$19.26, giving a total over \$10,000 in donations to the Endowment Fund from this creative initiative.

Making a gift to The Junior League of Tampa Endowment Fund is your opportunity to make a contribution to support the League - forever. A strong Endowment Fund will ensure a revenue stream that will augment, but not replace, annual fundraising revenue generated through individuals, events, grants, corporate sponsorships and membership dues. This will give us the opportunity to pursue exciting, new opportunities or deal with unforeseen circumstances without creating an additional financial hardship for The Junior League of Tampa or our members.

### 90<sup>th</sup> Anniversary Endowment Donors

#### 90<sup>TH</sup> LEGACY FOUNDER

Don and Campbell Burton  
Betsy and Drew Graham

#### 90<sup>TH</sup> SUSTAINING FOUNDER

Evan and Suzanne Brownstein  
Stacy Carlson  
Solon F. O'Neal, Jr., in memory of Sherrill Bell O'Neal

#### 90<sup>TH</sup> FOUNDER

The Dutkowsky Charitable Foundation  
Laura Everitt  
Dr. Michael Garcia and Ginny Daniel  
Mark and Suzy Mendelson

#### 90<sup>TH</sup> SPONSOR

The Ambersley Family Foundation/The Kamm Family  
The Beck Group  
Kate Caldarelli  
Katie and Ryan Cappy  
Tara and Whalen Clark  
Cindy and Tony Coney  
Marie Hebbler  
Nicole and Matt Hubbard  
Melissa and Phil Nodturtft  
Dada Pittman  
Jenny and Peter Spencer  
2015-2016 Inaugural Management Council  
2015-2016 Leadership Council in honor of Stacy Carlson

#### 90<sup>TH</sup> CONTRIBUTOR

Fran Dupuis  
Tom and Andrea Layne  
Marysue and Jim Mathews  
Gianni O'Connor  
Ginny Veit  
Caroline Vostrejs

#### 90<sup>TH</sup> SUPPORTER

Mildred Lewis, in honor of Alden Lewis Sollner, Lisl Unterholzner, Gloria Johnston Sparkman, and Anne Wilson King  
Selena Ward  
2015-2016 Endowment Committee

*Thank you to our inaugural member of the 1926 Society, Martha Sale Ferman.*

*Donor List as of March 20, 2017. Donations less than \$250 are recognized through the Commemorative Fund.*



The Junior League of Tampa considers it an honor to be designated as a beneficiary of an estate or foundation. We highly regard this type of planned giving and recognize donors through membership in The Junior League of Tampa 1926 Society.

The 1926 Society enables you to leave your legacy in our community by supporting the future of our League and its members.







# Help Is Here

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without having to  
leave South Tampa

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BoardPrep is located right here in South Tampa, allowing clients to benefit from local family support and long-term coaching and follow-up.

If you are concerned about your own or someone else's substance use or mental health disorder, call BoardPrep for a complimentary phone consultation or face-to-face evaluation today. **Call 813-600-7929 now. This is not a call-center.** A licensed clinician will assist you personally, even during weekends and evenings.

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OUTPATIENT**

The Tampa Bay Foundation for Mental Health invites you to join us for

## Navigating Mental Healthcare: A Community Mental Health Resource Forum

September 16th, 12pm - 4pm at the Tampa Museum of Art

Admission is free with registration. *For more information visit: [www.tbmentalhealth.org](http://www.tbmentalhealth.org)*



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# WHO'S WHO IN THE LEAGUE



## Chloe Cullinan, KIDS CONNECT CHAIR

Chloe Cullinan joined The Junior League of Tampa in 2007 following her return to the region. Previously, she lived in Boston and Atlanta, as well as Hungary. Originally from Michigan, Chloe grew up in Tampa. She has a bachelor's degree from Florida State University and a master's degree from Boston University.

An active and energetic League member, Chloe has chaired Arrangements, Children's Literacy, Placement, Technology and Kids Connect. She has also served on the Nominating Committee. Next year, Chloe will serve as Community Advisory Board Chair.

Chloe loves that JLT offers many different placements to fulfill members' needs and interests, which may range from giving back to the community, personal and professional growth, and social opportunities. She feels the League is a safe place to learn new skills and gain experience. Chloe has been able to apply skills from her League experiences in her professional career: public speaking, project management, leading teams, motivating team members and working with a budget. For fun, Chloe loves to attend Tampa Bay Lightning games, watch FSU games and travel to countries where English is not the first language.



## Courtney Cox, CORPORATE FUNDRAISING CHAIR

Courtney Cox is the Director of Development and Communications for St. John's Episcopal Day School in South Tampa. In this role Courtney is responsible for leading St. John's Annual Campaign and working with the Board of Trustees to enrich St. John's Episcopal presence in Tampa Bay.

Courtney is a seasoned fundraising professional with eight years of experience in advancement and philanthropy, most recently as the Associate Director of Major Gifts for the Moffitt Cancer Center Foundation. Prior to her work with Moffitt, Courtney served as Development Manager for the Glazer Children's Museum.

Courtney graduated with a bachelor's degree in public relations from the University of Alabama, with a minor in psychology. She currently holds a Certified Fundraising Executive certification (CFRE) and is a member of the Association of Fundraising Professionals and The Junior League of Tampa.

She joined the League in 2009 after moving to Tampa from Alabama. As a first-year chair, she led the Corporate Fundraising Committee. Prior to joining the Fundraising team, she held numerous positions on Holiday Gift Market, including Merchant Coordinator and Ticket Coordinator.

Courtney has loved all of her placements in the League. The most enjoyable, however, has been having a leadership role and learning about the League in great detail.

Courtney and her husband Joe Cox welcomed a son in February. They live in South Tampa.



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Meet a few of our fabulous members who not only share their passion for volunteering their time and talent with the League, but also find time to have exciting family and professional lives and interesting life experiences.

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### Lauren Gstalder, ANNUAL CAMPAIGN FUNDRAISING CHAIR

Since joining the League in 2009, Lauren has enjoyed placements that have allowed her to build new friendships while making an impact on the Tampa community.

Tampa has been Lauren's home since 2001, when she moved from upstate New York to attend the University of Tampa. Lauren married her husband Chris in 2012 and they welcomed their daughter Olivia Grace in 2014.

Lauren's first League placement was on the Grants Committee, which provided her with relevant experience to launch a career in fundraising. Her most memorable League experience was serving on the Love Bundles Committee. While dropping off the backpacks at a community partner, she had the opportunity to hold an eight-day-old newborn who was waiting for his new foster family and would receive a JLT Love Bundle. The importance of supporting JLT clicked at that moment.

For fun, Lauren enjoys spending quality time with family and friends outdoors, going to concerts and traveling to new destinations. Professionally, Lauren works for the American Cancer Society as the senior director, distinguished events for the Southeast region of the United States.



### Mary Hulse, SUSTAINER

Mary Hulse, whose mother had been a member of a Junior League in Connecticut, was happy to carry on the tradition when she joined The Junior League of Tampa. Married with three children and blessed with four grandchildren, Mary has lived in Culbreath Isles for more than 40 years. For most of her life, she has been a teacher. Mary taught the three-year-old preschool class for 10 years at Palma Ceia Methodist. She continued working with children for 10 years as after-school director at St. John's Episcopal School. She also taught swimming to toddlers.

Mary loves being a volunteer. All of her children played ball, and Mary became a volunteer as a member on Tampa Bay Little League Board. She did her League placement at the Children's Cancer Center, where she dressed as a clown and visited the kids. She absolutely loved this placement and still has the costume! Mary is active in St. John's Church as a lay Eucharistic Visitor and heads the Home Visitors program. She also serves on the Palma Ceia Women's Golf Association board and has previously served as president.

In her spare time, Mary loves to play golf. She and her husband, Ron, travel and play golf often. They especially love Ireland, and have visited many times. Mary loves being a member of the League. Over the years she has made great friendships and memories with other League members and knows this has all been a blessing for her.

Lauren is a fourth year active with The Junior League of Tampa. She received her bachelors and master's degree from the University of Tampa and currently teaches at St. John's Episcopal Day School. In her free time she loves reading and running.

LAUREN BENTZ





# OUT AND ABOUT







Daughter forgot her backpack,  
I'LL BRING IT. 😊

3 meetings before lunch,  
I CAN DO THIS.

Indoor rock climbing class,  
AWESOME.

Two sick kids!!  
NOW IT'S CENTRA CARE'S TURN.

Her name is Mom,  
Our name is

Care



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# CONNECT WITH US



Look at every issue this year of *The Sandspur* and see highlights from The Junior League of Tampa's social media channels. Members are encouraged to be part of the conversation by using the hashtags given by our friends on the PR and Marketing Committee.

Read about our great community projects, interesting membership, fabulous donors, and issues affecting the Tampa Bay Community.

[jltampa.org/sandspur](http://jltampa.org/sandspur)

Keep a finger on the pulse of what's going on in the League.

[jltampa.org](http://jltampa.org)

Find information highlighting the work we are doing with our community partners.

[jltampa.org/community](http://jltampa.org/community)

Enjoy some "Face" time.

[facebook.com/TheJuniorLeagueofTampa](https://www.facebook.com/TheJuniorLeagueofTampa)

Follow us on Twitter

[@JLTampa](https://twitter.com/JLTampa)  
[@JLTpresident](https://twitter.com/JLTpresident)

Support our great community projects

[jltampa.org/support](http://jltampa.org/support)

Find cookbooks & other League merchandise

[jltampa.org/jlt-culinary-collection-cookbooks](http://jltampa.org/jlt-culinary-collection-cookbooks)

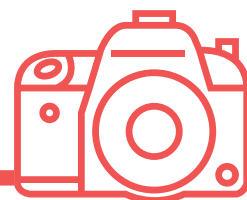
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## 3 EDITORS

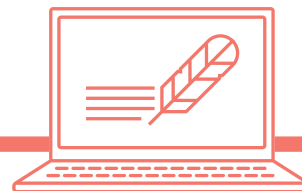


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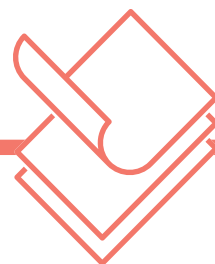
## 2 PHOTOGRAPHERS



## 6 WRITERS

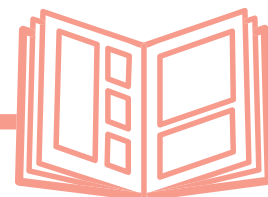


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Loralee Koontz, PA-C {JLT Active }

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